



**God's work.
Our hands.**

Here's what you can do
all year long:

Do what you can. . . IT MATTERS.

1. Call someone outside of your circle of family/friends, just to talk or see how you can help.
2. Give a ride to someone who doesn't drive.
3. Send a fun mask to someone.
4. Help with gardening at church or someone who isn't able to garden at this time.
5. Write an unexpected note or card.
6. Share a favorite book.
7. Make masks to give away even though it's not that much fun to make them.
8. Wear a mask or have one handy to wear whenever you go outside.
9. Return or check out library books for someone not able to get online or to the library.
10. Rake leaves for others.
11. Do something to care for yourself each day so that you'll be able to help others.
12. Make bags of food to give to homeless. Organize a small group to contributing items and put bags together, and give out bags.
13. Volunteer to do tasks at church involving tech.
14. Tell people about QALC online.
15. Contribute just a little bit more to church and charities.
16. Vote early.
17. Volunteer for the League of Women Voters.

18. Help just one family with kids and their challenges.
19. Volunteer to help with ForKIDS activities.
20. Thank people often. Everyone needs encouragement at this time!
21. Whenever you eat, thank God for the food.
22. Put in a small I.O.U. of any amount into a jar at dinner time. At the end of the month, add up the amounts and write a check to the food bank.

And do more.... IT MATTERS.

1. Surprise someone you know or don't know with a food gift card. This way you both support the economy and bring joy to someone.
2. Support local businesses and take a "treat" to someone.
3. Homeless need restrooms and to charge phones. Find a way to make this happen.
4. Support church and a charity generously.
5. Call local and national elected officials promoting a cause you support, and promote legislation to make something good happen.
6. Where you can do so safely, volunteer at a charity.
7. Call to find help needed at QALC and volunteer.
8. Provide cloth and/or disposable masks to give to those who need them.
9. Research a person/place that needs help and organize a group to meet the need.
10. Contact a teacher and ask how to support them.

...or maybe YOU have an idea to try!

—Terry Anderson