

# The Quill

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## Queen Anne

### LUTHERAN CHURCH

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Please Note: All mail to the church must be sent to this address:

**Queen Anne Lutheran Church**  
**P.O. Box 17029**  
**Seattle, WA 98127-0729**



# the Pastor's WORD

**Dear Members and Friends of QALC,**

I write to you on the last day of my July sabbatical, a gift from the congregation for the sake of research and renewal. The timing was perfect. It prepared me in a way I did not expect for the transition we are about to undergo with regard to worship and building use. I will share more about my sabbatical in next month's issue of *The Quill*. Here, however, I would like to share something else.

I am happy to announce that we will be returning to in-person worship on Sunday, August 15 at 7 PM where we will have a special, one-time Holden Village evening service. The following Sunday we will resume our normal summer worship time by having one service at 10 AM. More information about our reopening can be found on page 4 of this issue of *The Quill*. Additional correspondence will also be sent to you soon.

Reopening the church for worship would not be possible without the effort of the task force we formed for this purpose. Their hard work, along with the support of council and the feedback received from the survey we sent out in the spring, will undeniably make our return to SAFE in-person worship possible. Thank you to everyone on the task force for carefully deliberating our options as expression of loving one another as God first loved us in Christ (see John 15:12).

If you have any questions or concerns about reopening, please contact the church office or me directly. In the meantime, blessings to all of you. I look forward to seeing you hopefully soon.

*Pastor Dan*

## From the Cantor

As I write this, we're on the cusp of returning to in-person worship. What a blessing it will be to hear voices reunited in song!

I'm also preparing to attend a conference as part of my continuing education/professional development as your cantor. The two-day conference will take place in Dallas, hosted by the Institute for Church Music. The conference theme is, "Engaging and Lasting: Music to Build Transcendent Worship."

When I saw this conference publicized in an issue of *Choral Journal*, I was particularly drawn to the term *transcendent*. For most Christians of the Lutheran tradition (and for liturgical Christians in general), our understanding is that a worship service transcends the "here and now." Back in April, I wrote about the canticle "This Is the Feast," and how this song taken from the book of Revelation helps frame our Sunday Eucharist as a "foretaste of the feast to come." Similarly, we're reminded in the *preface* before we take Communion, that our voices join "with angels and archangels and all the company of heaven." Thinking along these lines, I'm interested to learn how the conference presenters contextualize *transcendence* in worship.

I'm also very interested to receive practical tips that I can apply to my day-to-day work as your cantor. I'm especially interested in the session on vocal pedagogy for returning to singing post-COVID, and I look forward to a session on strategies for efficiently learning new organ literature. An evening service of Compline led by musicians of international standing will be a chance to "recharge" spiritually and musically.

When we return as a gathered assembly at QALC, give yourself permission to be a little rusty. Expect some vocal fatigue (certainly I've noticed that my vocal stamina has decreased since the onset of the pandemic). During the first couple of services especially, pay attention to any tension your body may be carrying as you sing, to your vocal production and any hoarseness, and to how your breathing may be interacting with a mask. Sing only as much as is physically comfortable for you, and let the rest of the assembly carry the song if you need to drop out for a bit. Like any activity related to physical strength and stamina, yours will return in time.

One more thing: Stay tuned for information about the resumption of QALC choir rehearsals... *if you've ever considered becoming a new or singer in the QALC choir (or returning after some time away), this is a great time to come and build/re-build skills and stamina with us!*

I'm looking forward to joining in song with you in person soon, and I hope to bring back both inspiration and practical knowledge from the conference in Dallas. Keep singing in the Spirit—just a little longer—while we're apart!



Kyle Haugen, Cantor  
cantor@queenannelutheran.org

# Reopening

## **QALC In-Person Worship Begins Soon!**

The Reopening Task Force has thoughtfully put together a plan with appropriate measures to reopen the church for church services and other activities. We have reached out to the congregation, participated in Synod reopening sessions, and observed other congregations. The task force has presented a plan to Council, and now with Council approval we are pleased to share the following information.

### **The following is the timeline for reopening the church:**

- **Sunday, August 15 at 7:00 PM** will be our first in-person worship. The service will be Holden Evening Prayer. This will allow us to have a simple worship and address any issues we may find before we begin our Sunday morning services. Front doors will be open 15 minutes before the service.
- **At 10:00 AM on Sunday, August 22** we will offer in-person worship, continuing through September 12. Front doors will be open 15 minutes before the service.
- **September 19 and beyond:** We are still evaluating when we will move to two services. (We are also considering whether any added cleaning is needed between the services.)

There is not a set date yet to resume the early service, Sunday School, or coffee hour.

Our Sunday worship services will continue to be recorded in audio form after we begin to meet live, and will be uploaded to our website the day of the service.

**QALC small groups** may begin meeting in person again if they so desire—please see page 6 for more information about that.

Entry and exit procedures for worship are briefly outlined below. Health department or state guidelines can of course override these, particularly should Covid19 become an issue again. Details may change later, and hopefully over time we will be able to relax the extra procedures. The surveys indicated that even if all health and state guidelines were gone, many of us still want some limitations on traditional worship formats.

## **A. Entry to Worship**

1. **Enter through the main outside doors only** (McGraw Street and Chapel doors will remain locked on Sundays to control entry). The main doors will be open so they do not need to be touched.
2. **Outside:** A volunteer will stand outside main doors under breezeway for 20 minutes before the service begins, to ask necessary Covid19 questions, oversee the sign-in sheet kept for contact tracing, and answer any questions people have. Masks will be available for those who did not bring theirs.
3. **The narthex** will have one 8' table with bulletins and communion materials and color tags for attendees to pick up. Hand sanitizer will be available. One volunteer will be needed to oversee this table. There will be green, yellow, and red tags to wear which broadly indicate a preference for seating, and on egress, that Green indicates "Okay with hugs or high fives;" Yellow indicates "Okay with talking but not touching" and Red "Wants to remain physically distant."
4. **Restroom** use will be allowed for one person at a time (unless family). If you use the Handicapped/Unisex restroom, that is for only one person.
5. **Sanctuary doors** will be left open so no one needs to touch them. The wood on the sanctuary doors will not be disinfected by alcohol, in order to preserve the wood. After a couple of hours, IF any Covid19 viral material did adhere to the wood, it cannot "escape."

# Reopening

## B. Sanctuary procedures

1. **Sanctuary seating** – Everyone will wear masks. Signs will be on the pews to mark where to sit and where not to sit. Ushers will help us find appropriate seating.

A. **Pulpit side** (north, or left side) is for unvaccinated, those immunocompromised, and/or any who want to ensure social distancing. Those persons should probably be wearing the red or yellow tags.

B. **Lectern side** (south, or right side) is for vaccinated persons who do not need/want so much social distancing. They are probably wearing the green tags.

The Pulpit side/Lectern side separation is to satisfy some in our survey who requested that vaccinated/non vaccinated members not mix. *Lutherans: Please note that your “traditional pew” which you have occupied for years may be taken by another person, or may not be available at all.*

2. **Distancing:** The first two pews up front, and the last two pews in back, will not be used in order to help maintain separation from presiders up front, or musical presentation in back. Every other pew will be left unoccupied.

3. **Bulletins** or other worship aids should have been picked up upon entry. If you forgot, wave your hand at usher – we will need two usher volunteers. The hymns will be provided with the bulletins. Note that the pew hymnals and Bibles will be available for use.

4. **Pews** will not be disinfected by alcohol, just by the elapsed time since prior service. Both wood and fabric can be damaged from alcohol. Covid19 has not been transmitted from wood surface after an hour.

5. **Communion.** You will commune with the bread and wine provided upon entry, which will be individual, prepackaged elements. Juice and gluten-free options will be available. Again, wave your hand for an usher if you forgot to pick up communion elements. The traditional communion, where someone stands and speaks over you to deliver communion elements, may have some risk; in addition, some of those who normally distribute communion do not want to take that chance. You will partake of communion in your pew. Please deposit the waste in the paper bag in the middle of your row.

6. **Offerings.** We will not pass offering plates; there is an offering basket on the narthex table where you pick up and leave bulletins.

7. **Sharing of the peace** will not be part of worship service. If you want to greet individuals after worship, please do so outside the church with others who might want to socialize. As noted above, Green tags indicate “openness to wide-open socialization.” Yellow means “talking but not touching,” and Red is for “no socialization.”

8. **Congregational singing** will take place with masks on.

9. **Other music in worship** initially will probably be provided by instrumental or voice soloists or well-spaced out groupings of singers.

10. **Mask wearing** – everyone should wear masks. If we eventually make them optional, then that may become a basis for seating sections, instead of what’s outlined above in B. 1.

# Reopening

## C. Sanctuary departure

1. **The lectern side** will depart first, using the wall aisle to exit west to the normal exit (towards the stained glass window). An usher will direct you so a long line does not pile up. Pastor Dan will greet you outside the main doors under the breezeway. Please try to socially-distance until you have gone beyond the pastor. Let the pastor know your comfort zone and observe his comfort zone; the colored tags we wear will help. Outside, you are free to socialize; just ensure whomever you are greeting is comfortable with your setup – i.e. with or without masks, distancing.
2. **The pulpit side** can use the middle aisle for egress, after the lectern side has exited. An usher will motion to you to stand and exit. Please totally socially-distance, as you are all part of a group that wants or needs some distance. The usher will merge you into Pastor Dan's greeting line. Let the pastor know what your comfort zone is and observe his comfort zone; the colored tags will help. As you leave, socialize as desired and in the manner corresponding to your green/yellow/red tag.
3. **Restrooms** – same procedures as noted above in A.4.
4. **Bulletins** – deposit it in the basket in the narthex if you don't wish to take it with you.
5. **Offerings** – place any donations in the basket in the narthex.

Future service procedures will evolve. If you have suggestions, call or email the church office or email the Task Force at [reopening@queenannelutheran.org](mailto:reopening@queenannelutheran.org). Or, fill out a suggestion form provided in the narthex. We can better modify future worship services using your ideas.

## QALC Small Group Reopening Procedures

**The church building is now open for QALC small groups.**

Outside groups will be able to return to our building **starting Monday Sept 6, 2021**. We have developed some procedures for record-keeping and safety which will apply to both QALC and outside groups.

### How to begin to use the building again:

**QALC groups:** Simply inform the church office as to when and where you intend to meet. Barb will provide you with a Building Use Form to fill out so we can start our records afresh. A new part of that form will ask that you read the procedures and sign off on them, and to answer a few additional items.

**Non-QALC small groups** need to contact the church office via email [admin@queenannelutheran.org](mailto:admin@queenannelutheran.org) or phone (206-284-1960) by August 13 to ensure they are scheduled for September. Those groups, too, will be asked to submit a new Building Use Form including the sign-off on our procedures.

## Until We Meet in Person:

**Worship:** August 1, 8, and 15, we will continue to post a pre-recorded audio worship service on our website, and we hope you worship with us there. We will continue to email our announcements each Friday, including links to online meetings and resources. If you want to be on our email list, contact Barb in the church office. And if you don't use email and would like to be added to our hard-copy mailing list, please also let Barb know.

**Helpers:** Look for some announcements soon regarding sign-ups for help with live worship. We'll be looking for two greeters (one outside and one in the narthex) to help people check in and get materials for worship, as well as two ushers during worship to help with seating, communion, and any other issues that arise. Please email the Task Force at [reopening@queenannelutheran.org](mailto:reopening@queenannelutheran.org) if you could help.



# Environmental Stewardship and Faith

## Ridwell is Coming to Queen Anne Lutheran!



Many of you have seen the small white boxes with red lettering on porch stoops in the neighborhood. Starting in September, Queen Anne Lutheran will have its own box! These are the Ridwell boxes where we can deposit certain items not accepted by recycling in Seattle. Ridwell is a Queen Anne-based company which finds homes for various items to keep them out of the landfill. Twice a month, they will be picking up the following items:

**Plastic film:** Shipping material, plastic bags, plastic wrap, food bags, and more

**Clothing, Fabric, and Shoes:** Nearly all shoes, clothes, and textiles and more

**Household Batteries:** Household batteries: Alkaline, hearing aid, rechargeable, and small lithium ion batteries

**Household Light Bulbs:** Household variety light bulbs: LEDs, CFLs, small fluorescent, and incandescent

**A rotating 5th category:** See the Ridwell website to see what they are taking. This category ranges from canned goods to bottle caps, back to school supplies to yarn, and is based on a short-term identified need or partner who has agreed to take the item. We will endeavor to include the category in future issues of *The Quill*.

We will provide additional details as to the location of drop off and which days they will be picking up next month.

## Answers to Some Perplexing Recycling Questions

In the meantime, here are some things to know about your own recycling, (if you recycle through Seattle Public Utilities) thanks to church member Robert Whitehorn and "Ask Evelyn" of Seattle Public Utilities:

### ***Does Seattle have an upper size limit on corrugated cardboard recycling?***

Yes, cardboard should be broken down to smaller than 4 feet by 4 feet, and be able to fit in your recycling container. Anything larger can be broken into smaller pieces. Here is some more information about how to set out your recycling and extra cardboard on collection day: <https://www.seattle.gov/utilities/your-services/collection-and-disposal/your-collection-day/setting-out-waste-for-collection>

### ***As concerns plastic container recycling, do you accept lids if they are three-inches or larger? Or do those go in the garbage?***

Yes, loose plastic lids 3 inches or larger can be placed in the recycling. Loose plastic lids and caps *smaller* than 3 inches should be placed in the garbage, as items smaller than 3 inches can fall through recycling equipment.

We do accept (empty and clean) plastic containers with plastic caps on, even if the caps are smaller than 3 inches. This only applies to plastic caps on plastic containers; please make sure to screw the cap back on the container tightly.

## Environmental Stewardship and Faith

***Do you accept milk cartons (cardboard with plastic spout)? If yes, you do accept them, should we tear off the plastic spout and put it in the garbage?***

We accept milk cartons for recycling. You do not need to tear off the plastic spout before recycling. Our Where Does It Go Tool also has great information on proper disposal of all types of milk cartons:

<https://www.seattle.gov/utilities/your-services/collection-and-disposal/where-does-it-go#/item/milk-carton>

***Do you accept clean aluminum foil?***

We only accept aluminum foil that is clean, dry, and larger than 3 inches in size in the recycling (do not crumple). Aluminum foil that is food soiled or less than 3 inches should be placed in the garbage. Check out our “Where Does It Go” tool for more information: <https://www.seattle.gov/utilities/your-services/collection-and-disposal/where-does-it-go#/item/aluminum-foil>

***Does the three-inch lower size limit apply to paper? Or do small scraps of paper go in the garbage?***

The three-inch lower size applies to all recycling, including paper. Anything smaller than 3 inches can fall through recycling equipment, and can't be sorted.

Shredded paper (without any plastic whatsoever) can go into the compost container. So small bits of regular paper can go into the compost as long as there isn't a lot of ink or heavy printing on it.

## Announcements

### **Reconciling in Christ (RIC) Core Team Seeks Members**



Reconciling in Christ is a program that since 1974 has advocated for the full welcome, inclusion, and equity of LGBTQIA+ Lutherans in all aspects of the life of their Church, congregations, and community. In March our QALC Council approved a motion of support to embark on a Reconciling in Christ discernment process, which will eventually involve the entire congregation and culminate in a vote on adopting the program. If you would like to participate with Jenny Porter and Kirsti Melby in the Core Team's work on this heart-centered journey or have questions about what that might entail, please reach out to Jenny Porter at [jennifer@satsumadesigns.com](mailto:jennifer@satsumadesigns.com). Thank you for considering joining this team!

### **Still Time to Submit a Directory Photo If You Haven't Yet!**



Will we recognize one another when we worship together again? We especially long to see how our children and youth have grown. Has your household submitted a photo yet? Please send in a new photo as soon as possible, if you are able. Casual snapshots are okay—Barb will crop and adjust as needed. Mail it to our P.O. Box address or [email the office](#) with a digital photo. While you can submit a fresh photo to the church office at any time, our goal is to have a refreshed directory with updated photos by August, printed and ready for pick-up when we return. The updated directory will also be posted online in our “Members Area” at that time. Call the church office if you need the password for that page.



# Announcements

## **Calendaring Meeting on August 11**

This is our planning meeting for the 2021-2022 year. The staff will meet in the Conference Room to calendar as many of the upcoming year's events as possible. We recognize that there is a lot of uncertainty this year about what we will be able to do, but we are excited to ponder the possibilities as well! Members active in ongoing activities and committee chairs are invited to contact staff ahead of time with any pertinent information about events they are planning, or to drop in during the meeting time to add their input.

## **“First Wednesdays” Bible Study Will Meet September 1**

First Wednesday Bible Study will resume meeting via Zoom at noon on Wednesday, September 1. We will begin a series of discussions on the Epistle of James. For the most part, until the late 20th century, the letter of James was relegated to benign disregard, and even shunned by many early theologians due to its advocacy of Torah observance and good works. Famously, Luther at one time considered the epistle to be among the disputed books, and sidelined it to an appendix— although in his Large Catechism he treated it as the authoritative word of God. Questions? Contact Pastor Dan at [pastor@queenannelutheran.org](mailto:pastor@queenannelutheran.org).

## **Do You Listen to Podcasts?**

Did you know that our worship services can be accessed on our podcast? You can listen to worship during your morning run or whenever you listen on the go. Simply search for “Queen Anne Lutheran Church” wherever you go for your podcasts. Many thanks to Todd Bishop, who uploads our worship services every week to this podcast.

## **For Youth: Adventure Wednesdays Continue in August**

All students in the 6th to 12th grade are welcome to attend Adventure Wednesdays and bring friends! Each Wednesday, we will meet in the Ballard First Lutheran Church parking lot (2006 NW 65th Street, Seattle, WA 98107) at 2:30 PM to begin our adventures. August's Adventures are as follows:

Wed., August 04	Miniature Golf at Interbay
Wed., August 11	TBD
Wed., August 18	Golden Gardens
Sun., August 22	bicycle ride along the Elliot Bay Trail

We hope to see your youth at these events! If you have any questions or would like to help chaperone these events, please contact Pastor Elise at either (803) 944-7006 or [pastorelise@bflcs.org](mailto:pastorelise@bflcs.org).

## **Did You Miss a Forum?**

Recordings of our Forum sessions since last December are all still available to watch on our YouTube channels' [Forum Playlist](#).

## **Thank-You:**

- ELCA World Hunger sent us thanks for a gift of \$3500
- White Center Food Bank sent thanks for a gift of \$56
- Mary's Place sent us thanks for a gift of \$375
- Queen Anne Food Bank sent thanks for a gift of \$406

## Ministries



### QALC Women's News:



The **Sewing and Service** group is getting ready for starting back. Batting has been cut. Now we need people to help layer and tie quilts!

**We are now resuming our weekly Wednesday sessions at the church**—please come back if you are willing and able; it will be so good to see you! We will meet each Wednesday from 10 AM until 1 PM, starting Wednesday, August 4.

The **PDQ Quilters** will also meet beginning in September on the **second Monday** of each month in the evening. So on September 13 at

5:30 PM, it will be great to quilt with Pastor Kristy Daniels again, and members of the Church of Steadfast Love. The tradition in this group has been to share a meal; at this time we are asking everyone to bring their own supper and we will eat together that way.

We need **dark-colored cotton** sheets for quilt backs (lots of tops have been made this past year) and size **LARGE men's cotton t-shirts** for making diapers! Baby kits include **Sweaters**—12 - 24 months, **Baby T-Shirts** and **Pants** (no feet in pants). And we ALWAYS need bars of **Ivory soap** for the kits.

The **Evening Circle** continues to meet for the third session of our summer series “Just L.I.F.E. (Liberation Is For Everyone!).” In this session we’ll listen to Jesus’ words about sharing truths that are difficult to receive. Come explore this Bible Study with us! The Evening Circle meets on the fourth Tuesday at 7 PM. Our next meeting will be Tuesday, August 24. Watch your weekly Word Out announcements for the location—we are still discussing whether to remain on Zoom or to meet in person.

Your Women's Committee

*Pat Sobeck, Sallie Wilson, Candy Mathes and Barb Bach*

### **Queen Anne Men's Ministry (for men of all ages):**

**Saturday, October 9 at 9 AM in Fellowship Hall:** We will meet to assemble Lutheran World Relief (LWR) personal care kits & school kits. Whether we will be socially distanced and masked, as we were during the past year for kit assembly, will be finalized when we get closer to October 9. Thanks to all those who helped with the past two modified Covid19 kit assembly process.

The **Spring LWR Ingathering** is scheduled for November 5/6 (Friday/Saturday) at Our Redeemers' Lutheran Church, located at 2500 NW 85<sup>th</sup> in Ballard. If you can load boxes or just direct cars and trucks, please let Rich know. Email him at [lwrmathes@aol.com](mailto:lwrmathes@aol.com).

—Rich Mathes

## QA Book Group's 2021-2022 Book List

Everyone is welcome to these discussions. The group meets on the final Monday of each month. Our next meeting is August 30 at 7 PM, and we will be meeting in-person in the church narthex.

Our July meeting was productive as well as fun, and generated the following new reading schedule:

Month	Title/Author	Moderator
August	<b>Anxious People</b> Fredric Backman	Sharon Longaker
September	<b>Should We Stay or Should We Go</b> Lionel Shriver	Cathi Unseth
October	<b>All Seattle Reads - The Vanishing Half</b> Brit Bennett	
November	<b>Midnight Library</b> Matt Haig	Candy Mathes
January	<b>Biography of the Wright Brothers</b> David McCullough	Susan Evans
February	<b>The Notorious RGB</b> Irin Carmon, Shana Knizhnik	Cathi Unseth
March	<b>Crying in H Mart</b> Michelle Zauner	Sallie Wilson
April	<b>The Book of Joy</b> LASTING HAPPINESS IN A CHANGING WORLD By DALAI LAMA, DESMOND TUTU and DOUGLAS CARLTON ABRAMS	Liz Major
May	All Seattle Reads or <b>The Water Dancer</b> . Ta Nehishi Coates	
June	<b>Starless Sea</b> Erin Morgenstern	
July	Book Choosing	
August	<b>Eleanor Oliphant</b> Gail Honeyman	
September	All Seattle Reads or <b>The Water Dancer</b> Ta Nehishi Coates	
October	<b>If Beale Street Could Talk</b> James Baldwin	
November	<b>We Begin at the End</b> Chris Whitaker	

# Lutheran World Relief

## Lutheran World Relief (LWR) School and Personal Care Kits—What We Need

For school kits for fall, we need the items listed below. School supplies are on sale in July and August. Sales come and go—below are some current options. If you do not have time to shop, just write a check to “Queen Anne Lutheran Church Women (QALCW)—Kit Supplies.”

If you prefer to donate funds for Personal Care Kit (PCK) supplies, that is also great. Each PCK costs \$5.50 to buy the five items. We buy PCK supplies in bulk to control quality, and to get the best prices.

We are hoping to assemble 150 Personal Care Kits and 100 School Kits.



## LWR Fights Covid-19

Rev. Lisa Kipp,  
Director of  
Congregational  
Engagements at  
Lutheran World Relief,  
recently sent us a  
video created by LWR.

The video highlights  
how the kindness of  
our congregation can  
help those who would  
otherwise be forgotten  
gain access to a  
COVID-19 vaccine and  
other critical ways to  
stay healthy.

[Watch the video on  
YouTube here.](#)

### School Supplies:

- 70-page spiral bound Notebooks: Need 240. 25 cents each at Target.
- 30-Centimeter rulers: Need 90. 50 cents at Fred Meyer. If plastic, choose colors that you can read the lines – you cannot see the lines on the dark purple or red rulers.
- Pencil sharpeners: Need 27. 50 cents at Fred Meyer; 49 cents at Target for better quality.
- Boxes of 24 crayons: Need 80. 50 cents at Fred Meyer. 50 cents at Target.
- Blunt scissors: Need 50.
- Blue or black ball points pens (NO GEL). Need 225. 10 – 15 cents per pen at Target or Staples (box of 60).
- 2.5” eraser: Need 25. 30 cents at Target; two for 79 cents at Fred Meyer.
- Pencils: NONE—we have plenty! The erasers oxidize over time—we are trying to use all of ours up this year.

### Fall LWR Ingathering:

November 5/6 (Friday/Saturday) at Our Redeemers’ Lutheran Church. We will need box loaders and traffic directors. Please mark your calendars now.

—Rich Mathes





My dining room table has been my office for sixteen months. Right now, as I look at the surface I see my computer, a picture of my kids, my phone, a coffee cup, two glasses filled halfway with water, my notebook, gum, sticky notes, my Bible, The Management of Policies and Procedures for Management of the Roster of the ELCA, The ELCA Constitution, various stacks of paper, some books I want to read, the ELW, my devotion book, and pushed way out of the way, at the very edge of the table, my lovely quilted table runner and candles that used to sit in the middle of the dining room table (when it wasn't being used to eat on).

If my dining room table could speak, it would say, "I am tired. I am tired of you sitting here day after day. I am tired of you making a mess on me. I am tired of not being used for what I'm supposed to be used for. I am tired."

Or maybe ... I'm projecting.

When this pandemic first hit, the synod staff and I went into emergency mode. We made plans.

We sent out emails. We revised (and revised and revised) COVID-19 guidelines. Like you, we kept going and going. And we have survived. And you have survived. Together, we have survived.

And together ... we are tired.

As you might recall, Jesus also got tired. There are many verses throughout the Gospels where we read: "Jesus often withdrew to lonely places and prayed." ... "Jesus was sleeping." ... "He didn't want anyone to know which house he was staying in."

And it didn't start in the Gospels. Truly, from the beginning of time, we hear how God rested. In Genesis, God rested on the seventh day. And God understood rest not only for Godself but also for the very creatures that God created. The only thing that God calls holy in the creation account is the sabbath. When God gave Moses the Ten Commandments God specifically declared, "Remember the sabbath day and keep it holy." And this commandment was for everyone—including outsiders and animals.

Fully fifteen percent of life was to be sabbath. In this commandment we hear how the sabbath is sacred for those who live in relationship with a living God—this God who rescued people from slavery in a land where no rest was allowed.

I think somewhere we forgot the rhythms that God placed on this earth. The rhythm that is in the very way that trees grow and lay dormant; how tides ebb and flow; how spring moves into summer and into fall and into winter and back to spring. While it is true that Jesus did say, "The sabbath was made for humankind, and not humankind for the sabbath," he also said, "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

Sabbath is a time of rest, a time of renewal, and a time to listen for what God is up to in our lives, in our communities, and in our world. Sabbath is a time to reflect on the world without rushing to "fix it." Sabbath is not "guilt-ridden stolen time." Instead, sabbath is holy. Sabbath is sacred. Sabbath is commanded and modeled by God.





Beloveds, we are called to sabbath. We are called to sabbath even when it seems the needs of all are pressing in on us. While you—and your vocations, your desires, your gifts, your responsibilities—are important, so is understanding that the world does not revolve around your work. And, in taking sabbath, you become a better leader and servant.

Enjoy August. Take sabbath. Let others take sabbath. The world is in good hands. In the best hands. In God's hands. (And yes, I am going to clean off my dining room table. Soon.)

✝ Bishop Shelley Bryan Wee  
[bishop@lutheransnw.org](mailto:bishop@lutheransnw.org)

## End-Notes

### Queen Anne Lutheran Staffing in August

**Pastor Dan** returns from his sabbatical on August 4.

**Office Hours:** In August, our parish administrator **Barb Bash** will be back at work in the church office from 9:00-5:30 PM Tuesday through Friday. When she is in the office, the chapel door is open. We prefer you to use the chapel entrance to sign our contact-tracing sheet. Feel free to stop in and visit!

**Kyle Haugen** is away for continuing education and will be returning to work August 10.

**Barb Bash** will be on vacation from August 24 through September 2.

E-mailing is best to contact any staff member, and Barb will also pick up voicemail each day she is there. Please send any mail to **Queen Anne Lutheran Church, P.O. Box 17029, Seattle, WA 98127-0729**. Mail will still be picked up each Friday, and offerings counted on that day by our faithful counters, Sallie Wilson and Barb Bach, until we re-open for Sunday morning worship on August 22, at which time they will count after worship. A new counters' rotating schedule will begin at the end of September.

### Steadfast Support

Your offerings are still very much needed and welcome. Staff continues to work to provide you with worship and music, ways for children and adults to grow in faith, connections and support within our faith community, and avenues to reach out in love to the wider world. Your regular support of our ministries, our staff, and our property expenses is what sustains us. Please mail your offerings to our P.O. Box (see address below). To donate online with a credit card or PayPal online, go to our GIVE page. Learn how to set up regular automatic giving, too.

### Staying Safe

During open office hours during the week, please enter the church through the chapel door. When you enter there,, there is a small table with a form to sign in & out. This form is for contact tracing to protect visitors and staff should anyone report a Covid-19 exposure. Please wear a mask, and make use of the hand sanitizer on the table.

**Our Mailing Address: Queen Anne Lutheran Church, P.O. Box 17029, Seattle, WA 98127-0729**

#### CONTACTS for QALC STAFF:

Pastor Daniel Peterson

**Office Phone 206/284-1960**

[pastor@queenannelutheran.org](mailto:pastor@queenannelutheran.org)

*For emergency pastoral care, please text or call Pastor Dan at 253-230-9695*

Cantor Kyle Haugen

[cantor@queenannelutheran.org](mailto:cantor@queenannelutheran.org)

Parish Administrator Barbara Bash

[admin@queenannelutheran.org](mailto:admin@queenannelutheran.org)

Sexton John Bryant

[sexton@queenannelutheran.org](mailto:sexton@queenannelutheran.org)

# AUGUST 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 AUDIO WORSHIP Coffee Hour (Zoom) 1:30 am	2	3 Executive Committee (Zoom) 6:30 pm	4 Sewing & Service 10:00 am Adventure Wednesdays for Youth @BFLC 2:30 pm	5	6	7
8 AUDIO WORSHIP Coffee Hour (Zoom) 1:30 am	9	10 Church Council (Zoom) 6:30 pm	11 Calendar Meeting 10:00 am Sewing & Service 10:00 am Adventure Wednesdays for Youth @BFLC 2:30 pm	12	13	14
15 AUDIO WORSHIP Coffee Hour (Zoom) 1:30 am Holden Evening Prayer (live worship) 7:00 pm	16 Northern Lights Circle (Zoom) 7:00 pm	17	18 Sewing & Service 10:00 am Adventure Wednesdays for Youth @BFLC 2:30 pm "Women & Wine" Gathering (Zoom) 7:00 pm	19	20	21
22 Worship (in-person) 10:00 am Audio Worship Available 5:00 pm	23	24 QALCW Circle Bible Study 7:00 pm	25 Sewing & Service 10:00 am	26	27	28
29 Worship (in-person) 10:00 am Audio Worship Available 5:00 pm	30 Queen Anne Book Group 7:00 pm	31				