

THIRD SUNDAY IN LENT

March 12, 2023

10:30 AM



↑ = *Stand* **C**: *Congregation* **A**: *Worship Assistant* **P**: *Presiding Minister*

Hymns may be found in the red hymnals in the pews. • Large-print hymns are available in the narthex as you enter. • Quiet Bags with books and soft toys, or Doodle Bags with markers are available in the narthex for children.

Prelude

Variations for organ on SLANE
Franklin D. Ashdown (1942–2023)

Introit

Psalm 25:15, 16, 1, 2

My eyes are ever looking unto you, O Lord, for you will pluck my feet out of the net. Look now upon me, and have mercy upon me, for I am alone and in misery. Unto you, O Lord, do I lift up my soul. My God, in you have I trusted, let me not be confounded.

Welcome

↑ Gathering Hymn

O Jesus, Joy of Loving Hearts
ELW 658

↑ Greeting

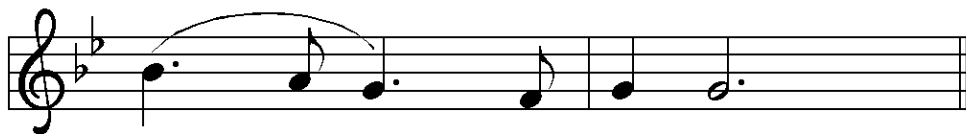
P: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

C: And also with you.

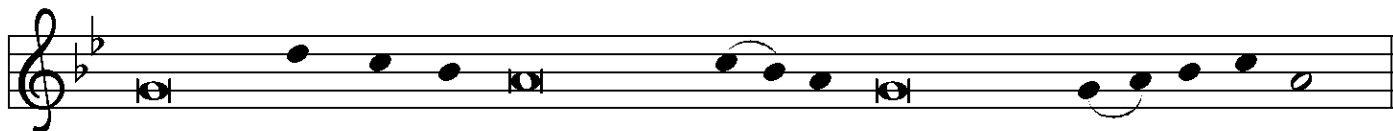
↑ Kyrie



In peace, let us pray to the Lord.



Lord, have mer - cy.



For the peace from a - bove, and for our sal - vation, let us pray to the Lord.



Lord, have mer - cy.



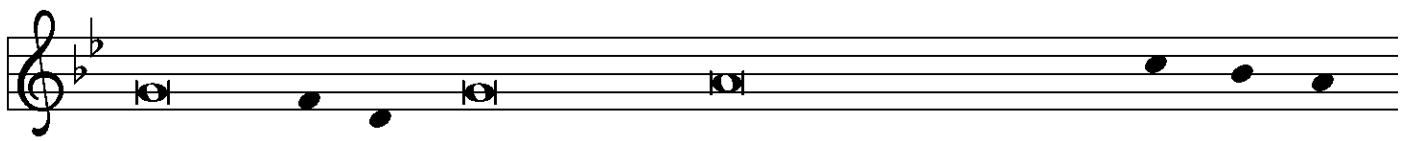
For the peace of the whole world, for the well - being of the church of



God, and for the u - ni - ty of all, let us pray to the Lord.



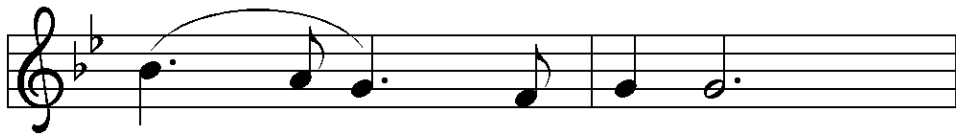
Lord, have mer - cy.



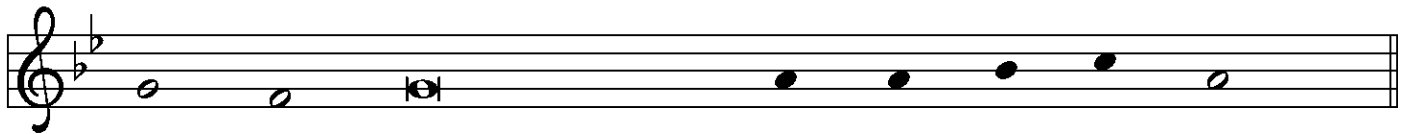
For this ho - ly house, and for all who offer here their wor - ship and



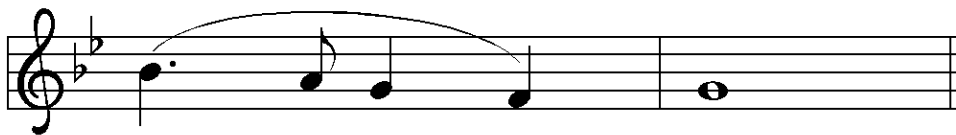
praise, let us pray to the Lord.



Lord, have mer - cy.



Help, save, comfort, and de - fend us, gra - cious Lord.



A - men.

↑Prayer of the Day

P: The Lord be with you.

C: **And also with you.**

P: Let us pray.

Merciful God, in Christ you call us
out of isolation and into fellowship
so that we may abide in Him, and He with us.
Help us draw strength from our life together,
that we may be Christ to others,
through Jesus Christ, our Savior and Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and forever.

C: **Amen.**

First Reading

Exodus 17:1-7

A: Word of God, Word of life.

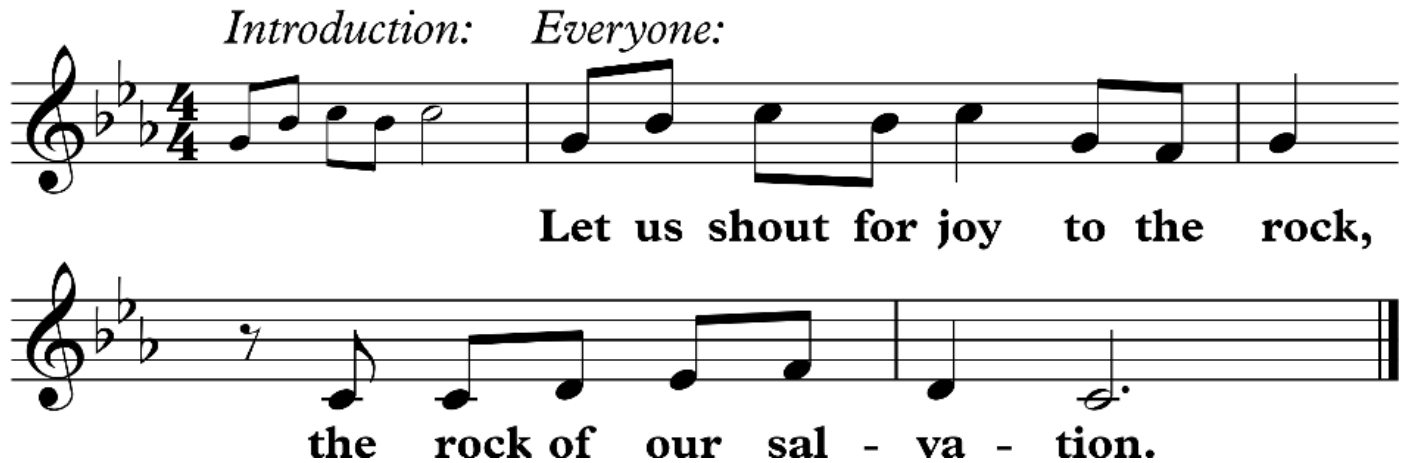
G: Thanks be to God.

Psalmody

Psalm 95

To begin the psalm, the Choir sings the Refrain and all repeat. Thereafter, the Choir sings the psalm and the Congregation sings the Refrain as indicated.

Introduction: Everyone:



Let us shout for joy to the rock,
the rock of our sal - va - tion.

- ¹ Come, let us sing to the Lord;
let us shout for joy to the rock of our salvation.
- ² Let us come before God's presence with thanksgiving
and raise a loud shout to the Lord with psalms.
- ³ For you, Lord, are a great God,
and a great ruler above all gods.
- ⁴ In your hand are the caverns of the earth;
the heights of the hills are also yours.
- ⁵ The sea is yours, for you made it,
and your hands have molded the dry land.
- ⁶ Come, let us worship and bow down,
let us kneel before the Lord our maker.

REFRAIN

- ⁷ For the Lord is our God, and we are the people of God's pasture
and the sheep of God's hand.
Oh, that today you would hear God's voice!
- ⁸ "Harden not your hearts,
as at Meribah, as on that day at Massah in the desert.

⁹ There your ancestors tested me,
 they put me to the test, though they had seen my works.
¹⁰ Forty years I loathed that generation, saying,
 'The heart of this people goes astray; they do not know my ways.'
¹¹ Indeed I swore in my anger,
 'They shall never come to my rest.' "

REFRAIN

Second Reading

Romans 5:1-11

A: Word of God, Word of life.

G: Thanks be to God.

↑ **Lenten Verse**



Re - turn to the Lord, your God, for he is gra - cious and mer - ci - ful,



slow to an - ger, and a - bound - ing in stead - fast love.

↑ **The Holy Gospel**

John 4:5-42

P: The Gospel according to St. John, the fourth chapter.

G: Glory to you, O Lord.

After the reading

P: The Gospel of the Lord.

G: Praise to you, O Christ.

Sermon

Abide in Me
 Pastor Dan Peterson

↑ **Hymn of the Day**

Abide with Me
 ELW 629

↑ Apostles' Creed

☩: I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.

On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.

Amen.

Prayers of the Church *(please be seated or kneel)*

A: . . . Lord, in your mercy.

☩: Hear our prayer.

↑ Sharing of Peace

P: The peace of Christ be with you always.

☩: And also with you.

Holy Communion – All baptized Christians who seek a taste of the new and forgiven life in Jesus Christ are welcome to receive the sacrament. We confess and believe that Christ in his risen form is truly present in the Sacrament of Bread and Wine and that by sharing in this meal, we share in Christ’s risen presence among us.

The ministration of the Sacrament is given in two ways:

In the pew:

You may commune in the pews with individual elements. These are available in the narthex as you enter.

When invited to commune, peel off the bottom tab to eat the bread; peel off the top tab to drink the wine. The waste can go in the paper bag found in each pew.

By intinction:

When prompted by the ushers, come down the center aisle to kneel at the railing; please sanitize your hands.

Receive a wafer in your hands. Dip it in a chalice, either wine or grape juice, before partaking. Use the outside aisle to return to your seat.

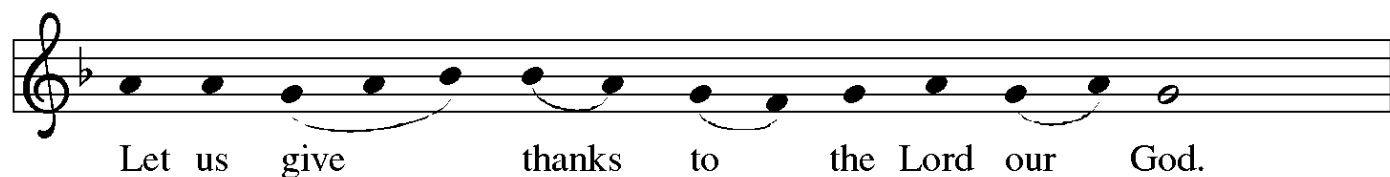
↑ **The Great Thanksgiving**



The Lord be with you. And al - so with you.



Lift up your hearts. We lift them to the Lord.

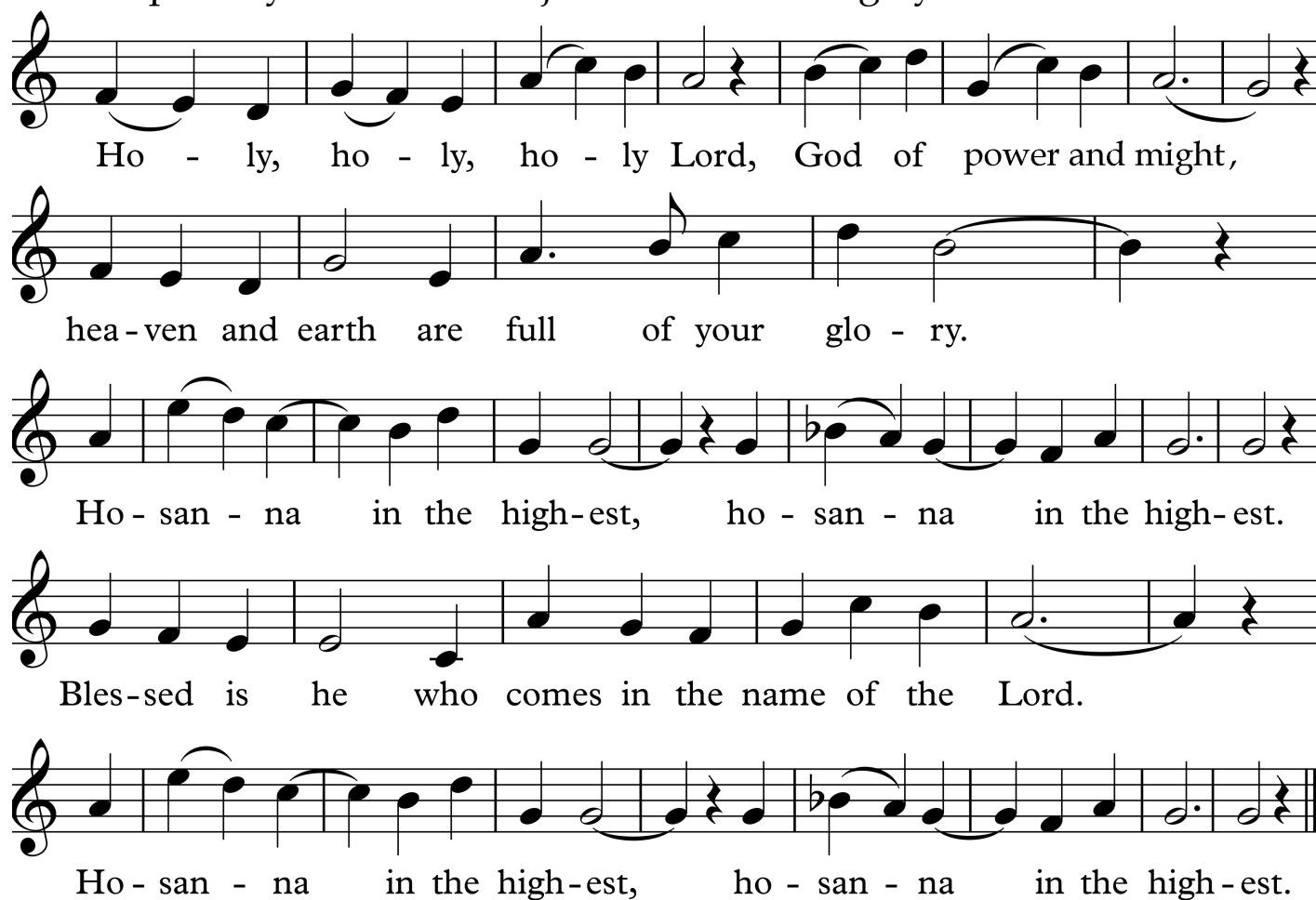


Let us give thanks to the Lord our God.



It is right to give our thanks and praise.

P: It is indeed right, our duty and our joy . . .
. . . praise your name and join their unending hymn:



Ho - ly, ho - ly, ho - ly Lord, God of power and might,
hea - ven and earth are full of your glo - ry.
Ho - san - na in the high - est, ho - san - na in the high - est.
Bles - sed is he who comes in the name of the Lord.
Ho - san - na in the high - est, ho - san - na in the high - est.

↑ Words of Institution

↑ Lord's Prayer

P: As we prepare our hearts for this holy meal,
let us pray the prayer Jesus taught us:

C: **Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

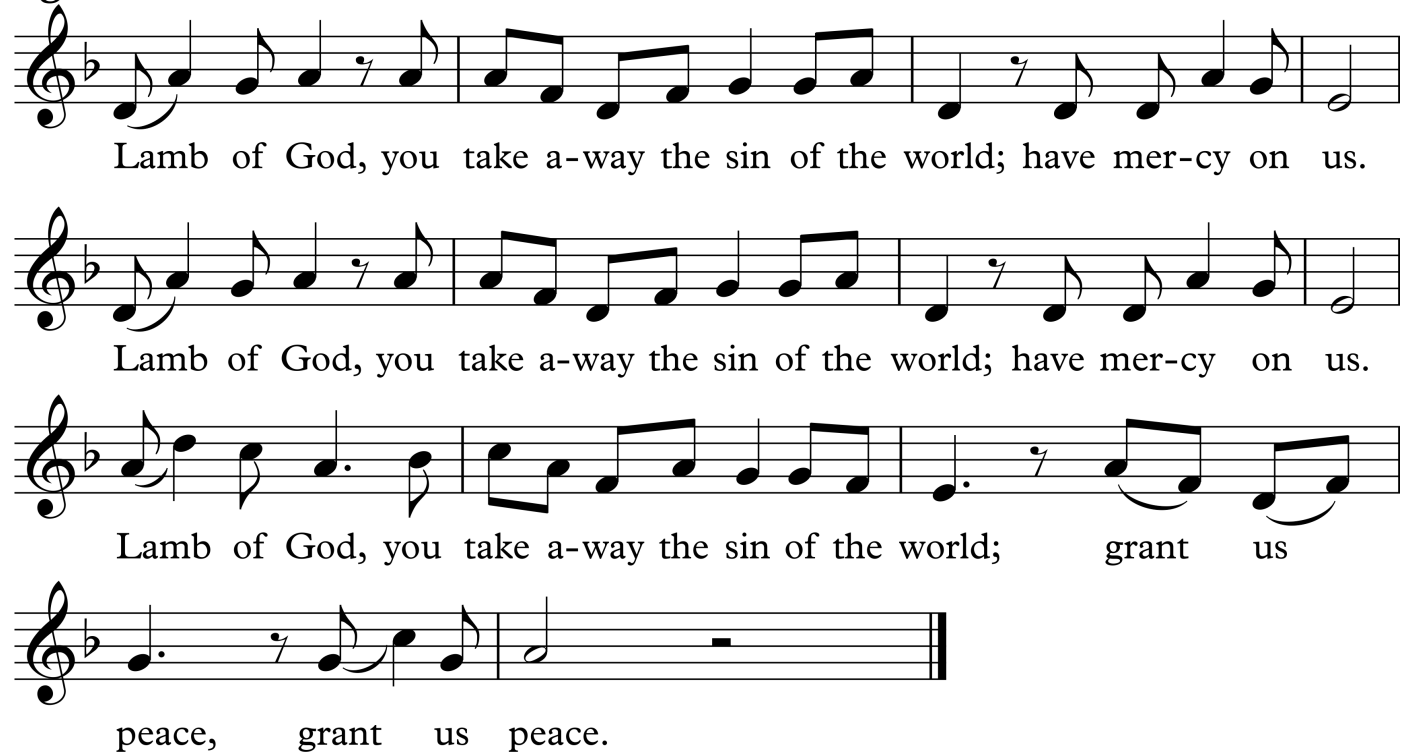
and deliver us from evil.

**For the kingdom, the power, and the glory are yours,
now and forever. Amen.**

↑ Invitation to the Table

P: Come and taste the joy of God!

Agnus Dei



Lamb of God, you take a-way the sin of the world; have mer-cy on us.

Lamb of God, you take a-way the sin of the world; have mer-cy on us.

Lamb of God, you take a-way the sin of the world; grant us

peace, grant us peace.

Distribution Hymn

Let Us Break Bread Together
ELW 471

↑ Post-Communion Prayer

P: Holy One,
we thank you for the healing
that comes to us in this meal.
Renew our desire for justice,
inspire us to be kind toward others,
and help us journey humbly with you.

C: Amen.

Announcements

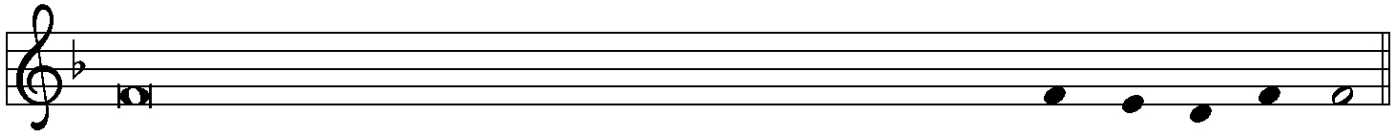
↑ Benediction



Let us bless the Lord.



Thanks be to God.



Eternal God, the Father, + the Son, and the Holy Spirit, bless and pre-serve you.



A - men.

↑ Sending Hymn

Be Thou My Vision
ELW 793

↑ Dismissal

A: Go in peace. Serve the Lord.

G: Thanks be to God.

Postlude

Organ chorale: O LAMM GOTTES, UNSCHULDIG
("Lamb of God, Pure and Sinless," ELW 357)
Johann Pachelbel (1653–1706)

About Today's Music

Today's organ prelude is based on SLANE, the beloved Irish folk tune for the Sending Hymn at the 10:30 service ("Be Thou My Vision," ELW 793). Composed by Franklin D. Ashdown (1942–2023), this meditative organ piece progresses through several loosely related sections with an improvisatory character at times. Ashdown was a medical doctor as well as an organist and prolific composer of organ and choral music. He attended medical school in Dallas and was at Parkland Memorial Hospital when President John F. Kennedy arrived, pressed into service as a liaison between doctors and reporters. For most of his life he was based in Alamogordo, New Mexico, where he retired from his medical practice in 2008 to focus exclusively on music. His works have been published by a variety of sacred and secular firms (this piece is included in a collection from the ELCA's Augsburg Fortress), and his music has been performed at notable venues such as the Salt Lake Tabernacle, St. Paul's Cathedral (London), and the Cathedral of Notre Dame (Paris), as well as for radio broadcasts and recordings. He passed away January 30 after an extended illness, still composing music even in his last days.

– Cantor Kyle

ANNOUNCEMENTS — MARCH 12 , 2023

WELCOME! Please fill out a CONNECT card if you are visiting us today, if you wish to receive our emails or newsletter, or if you wish the pastor to contact you. PRAY cards may be used for prayer requests. Place cards in the offering plate as you leave.

OUR WORSHIP CONTINUES after the service with fellowship. Please stay for coffee and conversation. Thanks to Jenna Del Vento and John Reese for hosting.

FORUM TODAY @ 9AM:

Professor Mary-Jane Rubenstein discussed some of the key passages from her new book *Astrotopia: The Dangerous Religion of the Corporate Space Race*.

A free copy of *Astrotopia* was given to one lucky person who attended!

FORUM MARCH 19:

A Table-Talk on Loss: Join us for an open-ended discussion on loss in our lives. What was loss like for you?

What best helped you cope with your loss? What role (if any) does your faith play when it comes to loss?

MEN'S MINISTRY: Our first scheduled service project is assembling LWR kits – Personal Care & School Kits – on Saturday, March 18, from 9 to 11 AM in the Fellowship Hall. Use the NW doors, unless you know the McGraw St. cipher code. Women are welcome to help, too!

OFFICE HOURS THIS WEEK

Main Office (Barb Bash): The office will be open Tuesday–Thursday.

Barb is away on vacation from Thursday, March 16 through Wednesday, March 22.

Cantor Kyle is in on Wednesdays and Thursdays, afternoon and evening.

Pastor Dan is available Tuesday through Thursday, and Saturdays. Feel free to email pastor@queenannelutheran.org or contact him by text at 253.230.9695.

THIS WEEK'S CALENDAR

Sunday, March 12

Worship	8:00 AM
Forum (Conf. Rm or Zoom)	9:00 AM
Worship	10:30 AM

Monday

PDQ Quilting (downstairs)	5:00 PM
Food Addicts in Recovery (FH)	7:00 PM

Tuesday

Church Council (Conf. Rm.)	7:00 PM
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Wednesday

Sewing & Service (downstairs)	10:00 AM
Noon Worship (chapel)	12:00 PM
Compline Worship (chapel)	7:30 PM
AA Counterbalance (FH)	8:00 PM

Thursday (office open at 9:30 AM)

Choir Rehearsal (Music Room)	7:00 PM
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Friday (office closed)

Saturday

LWR Kit Assembly (FH)	09:00 AM
Alanon Women (upstairs)	10:30 AM
AA Shanty Trudgers (upstairs)	7:00 PM

Sunday, March 19

Worship	8:00 AM
Forum (Conf. Rm or Zoom)	9:00 AM
Worship	10:30 AM
Coffee hour to welcome Vannady	

After worship



THE TRIANGLE PROJECT PRESENTATION

**Sunday, March 26 • After 10:30 Worship
Fellowship Hall • Coffee & Snacks**

The Triangle Project team has been hard at work developing a landscape plan for the front “triangle” of the church property. We now have a draft design we are excited to present to the church for discussion and consideration. We believe this plan incorporates the goals of the church to create a welcoming and relaxing place for people to

gather and absorb nature. Please join us in the Fellowship Hall on March 26 for a presentation by our landscape architect (and Magnolia resident) Kim Rooney and team followed by Q&A and coffee and snacks.

Please sign up in the narthex if you plan to be there, to help the Triangle team in their planning.



WELCOME, VANNADY!

We are thrilled to announce that Vannady Keo, whom some of you know from his work in our Sunday morning child care, has now been hired as our new Children and Youth Ministry Coordinator. Vannady’s first official day in that position will be March 15, and he will be introduced in and after worship next Sunday, March 19. Plan to stay and welcome him at coffee hour if you are able!

BLESS YOUR HOME

Would you like your house or apartment blessed? If so, Pastor Dan would be happy to do it. This brief service involves prayer, recites Scripture, and is a wonderful way to transition into a new home or bless the one you have. Please contact Pastor Dan if you are interested.



TOWELS FOR LWR KITS: Thank you to those who have found bath towels for the Personal Care Kits. **We now need only 20 more, and will be assembling the kits this Saturday morning.** QALC needs dark-colored bath towels (between 20"x40" and 52"x72") for Personal Care kits in late March. Target sells dark gray in their “Room Essentials” brand, 52" x 27" for \$3.50. Amazon has several smaller-size (22

x 40) for \$3.72-\$4. No white or light-colored towels, please.

Contributions to QALCW, with memo line “LWR kit supplies,” are also welcome.

SPRING PLANTING! JOIN US SATURDAY, MARCH 25, 2023, 11 AM - 3 PM



The QALC Social Action committee invites you to participate in a spring planting of traditional Native American foods and medicinal plants at **Daybreak Star Indian Cultural Center** (next to Discovery Park) on March 25, as part of our environmental stewardship commitment. Come join other members of QALC for this spring planting, hosted by the Na'ah Illahee Fund and United Indians of All Tribes, as they welcome their Plant Relatives to their new home. They have been working to restore the Food and Medicine Forest at Daybreak Star Cultural Center for the last few years. This year they will be planting over 4,000 traditional food and medicines. They need our help in this work!

Please bring a good mind, good heart, and a willingness to work together (as well as a water bottle and rain jacket...tools will be provided).

Open to the public: All ages OK – under 18, please see waiver on website.

The group will meet in the parking lot at Daybreak Star Cultural Center.

For more information on what to expect during your Green Seattle Partnership event, including current COVID-19 safety measures, please visit:
greenseattle.org/get-involved/volunteer

TO JOIN THIS EVENT – Two steps:

Sign up in the narthex to help us plan carpools and form our group

Go here to register: <https://seattle.greencitypartnerships.org/event/22113/>

For more information, contact Lisa Kjaer-Schade at lkjaer79@gmail.com or call her at 206-484-5123.

SERVING NEXT SUNDAY, MARCH 19

8:00 AM:

Lector: Jacqui Darroch

10:30 AM:

Greeter: Liz Major

Lector: John Reese

Ushers: Don Thomas, Denny Alfson

Coffee Hour Host: Oplingers

Counters: Bridget Boysen, John Reese

Audio: Connie Wurm



**WEDNESDAYS IN LENT,
from March 1 through March 29:**

Noon Worship –

Every Wednesday during Lent, we will have a brief worship service in the chapel beginning at noon. The order of worship for Morning Prayer is followed, which includes a lectionary reading, a brief homily and a hymn. All are welcome.

Worship at 7:30 PM –

Every Wednesday we will also gather in the chapel in the evening at 7:30 PM. The order of worship for Night Prayer (Compline) is followed. The responsively-sung liturgy includes psalms and scripture.

LENTEN OFFERINGS – This year, offerings given on Ash Wednesday and with our Wednesday Lenten services will be given to **Camp Lutherwood**. Pastor Kristy told us about exciting changes being made at our Synod's camp on Lake Samish, under the guidance of a new interim director. For the next few years, the main focus is on **accessibility**: paving some of the walkways and putting in ramps so everyone can access the buildings and participate in the campfire and waterfront. General funds are needed as well; in the last two years, the cost of summer staff for the camp has more than doubled.

Donation checks can be made out to Queen Anne Lutheran with "Lutherwood" on the memo line.

HOLY WEEK SERVICES, April 2-9:

PALM SUNDAY, April 2 • 8:00 AM & 10:30 AM

Kids will ring bells at the 10:30 service during our special procession from outside the building into the nave during the singing of "All Glory, Laud and Honor." (At 8 AM, adults will be invited to ring bells, too.)

GOOD FRIDAY, April 7 • 7:30 PM

Our Good Friday worship service invites us into contemplation of the crucifixion through word, song, and silence. Please join us as we ponder together the cross and its meaning for us.

EASTER: Feast of the Resurrection Sunday, April 9 • 8:00 AM & 10:30 AM

Join us between services for our 9:00 AM Easter Breakfast in the Fellowship Hall.

Special music, organ and choir help celebrate the joy of Easter!

Bring flowers to add to our Easter Floral Cross!