

The Quill

A P R I L 2 0 2 3



Queen Anne

LUTHERAN CHURCH

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The Quill can be viewed in full color online at queenannelutheran.org. If you would prefer to have a copy **mailed to you** each month, just contact the church office at 206-284-1960. Likewise, if you receive The Quill in the mail and would prefer **not** to, just contact the office.

Weekly, we are also mailing bulletins and sermon transcripts to households that are unable to attend church. If you would like to receive such a mailing, please let us know. And if you do **not** need to get the bulletin by mail, give us a call as well!

Please Note: All mail to the church must be sent to this address:

Queen Anne Lutheran Church
P.O. Box 17029
Seattle, WA 98127-0729



I recently learned that the largest glacier between Mt. Rainier and Glacier Peak is no more. The reporter actually said that the glacier had died. Died. Gone. For thousands of years, the Hinman Glacier lived in the Washington Cascades providing much needed water to the Skykomish River. It is now gone.

A few months ago, my beloved dog, Gracie, died. She was thirteen. She was sick. It was time. But Gracie was with me through my cancer treatment, my children leaving home, my marriage ending, moving to a new city, beginning a new job, being in a new relationship ... and now she has died. She is now gone.

In this synod we recently had two churches close: Clearbrook Lutheran Church in Lynden and Shepherd of the Hills Lutheran Church in Concrete. There are additional congregations who are discerning closure in this synod. All these congregations thrived in their communities for many years. Baptisms, weddings, funerals happened. People heard, shared, and lived into the good news of Jesus. And now these congregations have either decided, or are discerning, if their time lifecycle has come to an end.

All of these deaths are hard. They hurt my heart. There is grief and there is pain. And, while I might not know what you are grieving, I am sure that there is heartache in your life, too. Sometimes it seems that there is so much death. And sometimes it seems overwhelming.

As Christians we might say, "But I thought we were promised immortality. I thought "death has lost its sting." Truthfully, it doesn't feel that way. Death is real. It hurts. Where is this resurrection and new life we are promised?"

Dr. Brian Bantum, professor and author, writes regarding human immortality:

Our personhood, the body we speak of so confidently that was meant to live forever, is itself an arrangement of cells and tissues that are cycling through life and death. Our bodies are constantly undergoing changes, small transformations in our gradual development from infant to adult. Our bodies are no different and are connected to the cycles of life and death that are intrinsic to creation's goodness. As Indigenous theologian Randy Woodley reminds us, 'Death is simply another part of living.' (*Christian Century, Did God intend for Adam and Eve to live forever?, March 12, 2023*)

On Ash Wednesday this year, I had a vision of God playing in the dirt. Kneeling down, mixing dirt into mud, molding and mixing, and forming each human. God – laughing and creating. God – loving and generating. I smiled at this sight. Later in the service, when I went forward to receive ashes in the shape of a cross upon my forehead, when I heard, "Dust to dust and ashes to ashes," I had a vision of God scooping each beloved human into God's arms at the end of their life. Holding the human turned dirt again. Loving and creating even more.

Dr. Bantum writes later in the same article, "Change, transformation, death, cycles of renewal and cessation—these are all part of God's creation. And this change is beautiful and good." Is it possible to move beyond the grief we feel when something ends and see the new life that might be coming?

Perhaps the glacier that died could be an impetus for us to take seriously the threat of climate change. I would hope so. I hope that the love my dog Gracie had for me will make me more loving towards others. In our synod, we are working with the closing congregations so that together we may begin new ministries and new ways of being church in this new day and age.

During this season of Lent – and into Holy Week and Easter – we know the truth of death. We know it in our bones. We acknowledge the pain, the difficulty, the fear, and the grief that comes with death. And yet, even more so, as people of faith, as people who celebrate Easter, we trust in God's love through Jesus Christ who died and rose again for us and for the redemption of this entire world. Yes. There is death. And yes. There is resurrection.

God continues to play in the soil. God continues to create and nurture new life. God continues to hold and sustain life. And, fundamentally, without question, God brings life from death - each and every day.

May you have a blessed Easter. May we together, in this real world that we live in, trust in Jesus. And may we, with all the angels, archangels and all the saints, shout the good news together, "Happy Easter! Christ is risen! Christ is risen indeed!"

Holy Week and Easter Greetings!

What do you think of the lengthy miracle stories we've heard during Lent? I must confess, I had forgotten that this lectionary year followed this track, but I've enjoyed rediscovering these accounts of Jesus's ministry. Perhaps I sometimes think too much of the chronological events leading up to Holy Week and miss out on the path of ministry that informed the faith of those first followers of Jesus of Nazareth and first believers in the resurrection.

I think it was the Sunday with John chapter 9, featuring Jesus's healing of the blind man, that my mind jumped to the coda of the Gospel of John: "This is the disciple who is testifying to these things and has written them, and we know that his testimony is true." (John 21:24) I also thought of 1 Peter 1:16: "For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty." Verses like these remind me that although New Testament accounts of Jesus's ministry don't follow modern practices of historical writing and journalism, the narratives are nevertheless tied to real-world people and places.

Yes, people who describe themselves as Christians usually accept some pretty radical notions—with the empty tomb of Easter at the top of the list. But consider how different Christianity would be if the places and events described in the New Testament had little or no bearing on the places they purport to describe. Today we can visit Bethany (where Lazarus was raised in John 11), and venture to the Pool of Siloam (where Jesus healed the blind man in John 9, a site discovered in 2004). And even though the exact locations of the Garden of Gethsemane and Golgotha are not 100% verifiable today, landmarks in relation to them are still known, situating these places in the real world.

Back in 1999, after a couple of months studying German in Konstanz, Germany, I traveled to several major European cities. While visiting Paris, I discovered a small antiquarian coin dealer near the Louvre. Among the treasures I found (that I could afford!) were two ancient Roman coins. One of the coins is clearly from the reign of Caesar Augustus, who ruled the Roman world when Jesus was born (see Luke 2). If you look closely, you can make out the words, AUGUSTUS TRIBVNIC POTES, meaning, "Augustus, holder of tribunician power." The other coin's origin is a little less certain, but the shop proprietor and a little internet research support that the profile depicted on the coin is indeed Tiberius, the second emperor, who ruled at the time of Jesus's crucifixion.

Our Easter faith is grounded not in "cleverly devised myths" but rather in testimony handed down to us from real people—who held real coins very much like these in their real hands. Their words now become ours as we sing our faith-filled songs this holy season, from "O Sacred Head, Now Wounded" to "Jesus Christ Is Risen Today."

God's blessings to you this Holy Week and Easter as we gather to sing, pray, praise and give thanks at the foot of the cross and at the door of the empty tomb. Alleluia, Christ is risen! "Let hymns of praise his triumph tell. Alleluia!" (ELW 366)



A handwritten signature in black ink, which appears to read "Kyle".

Kyle Haugen, Cantor
cantor@queenannelutheran.org

ANNOUNCEMENTS

The Triangle Project

On Sunday, March 26th, about 40 people attended a presentation by Kim Rooney Landscape Architects to show us the proposed plan for the new front yard. The plan includes a series of rounded benches surrounding a bird bath in the triangle segment, a new entrance to the front of the church and relocation of our beautiful bell, plus new plants including increased native plants and flowers. Mock-up 3D posters are displayed in the Fellowship Hall for those who missed the discussion. These depictions, as well as a 3D graphic "walk-through" will also run on our narthex screen on Sunday mornings, and is posted on the church website [HERE](#). Please take a look. Your feedback and questions are welcome. For more information, contact members of the Triangle Project Working group, Lisa Kjaer-Schade, Marc Oplinger, Connie Wurm, or Susan Evans.

Vannady Keo Will Meet with Families

As the new Children & Youth Ministry Coordinator, Vannady Keo would like to meet with families who have children in preschool or elementary school to discuss what they would like to see at the church in terms of youth involvement. Pastor Dan will also be present at the meeting.

The meetings will be after our 10:30 worship. We'll provide snacks, drinks, and quiet activities for kids while we meet. April 23 and April 30 have been proposed as possible dates. We've emailed a scheduling poll to families to select the date(s) that could work, and will be in touch with those who respond. Here's the scheduling poll link: <https://zcal.co/m/myva-CGn>

Coffee and Chocolate

Those delicious fair trade chocolate bars and bags of coffee from Lutheran World Relief's Farmers Market have been ordered. Joel Matter plans to offer them for sale in the narthex after he returns from a trip to Holden Village; most likely Sunday, April 23.

Look for an Updated Church Directory at Easter

Barb is now updating our church directory with all the revisions members have made; it will be out on Easter. It is an ever-changing document so if you didn't get around to checking your information and need to update contacts, or if you would like to provide a new photo, you can send Barb updates any time. She periodically posts new versions to the "Member" area of our website, and can also email or mail members a new copy anytime. (*Note: The Member area on our website includes our Directory, prayer list, and our council and congregational records. The site and the directory are password-protected. Contact Barb if you need access.*) You can email information or a new photo to the church office admin@queenannelutheran.org, and Barb will add/replace it. Prints are okay, too; we can scan. Square format works best, but we can crop to fit.

Book Group

The Queen Anne Book Group meets monthly on Monday evening at 7 pm in the narthex. All are welcome. The group will not meet in April. Here are upcoming notes for those who want to read ahead:

May 22 – Read *The Final Case* by David Guterson. Liz Major will lead the discussion.

June 26 – Read *Anthill: A Novel* by Edward O. Wilson – Carol Ann Davis will lead the discussion.

All are invited to check out the "All Seattle Reads" book for 2023; it may be a book to consider for the group later in the year. The book is *The Swimmers*, by Julie Otsuka. Ms. Otsuka will be in Seattle in May.

Replenish the Pastor's Discretionary Benevolence Fund

The Pastor's Discretionary Fund, which is used to assist people in urgent need of food, shelter, or other financial assistance, is very much in need of replenishment. Please give to this fund if you are able. Write checks to "Queen Anne Lutheran," with "for P.D.F." on the memo line.

In Gratitude for the Choir

My heartfelt thanks to the QALC choir for your music this season. I am so fortunate to work with dedicated, caring (and fun!) people each week who each are a blessing to me! I also wish to thank Joel Matter, Amy Castle, Meg Shaw, and Lori-Lynn Phillips for joining me in leading our Wednesday evening services during Lent (each person led one service). Thank you for helping us to “pause and ponder” during this holy season.

—Cantor Kyle

NW Washington Synod Gatherings: Can You Attend?



Pastor Dan will attend the May 20 Gathering in Bellevue (note change!) We would like to have others from our congregation attend as well! Contact Pastor Dan or the office if you are able; we will sign you up.

There are two options to attend:

- Saturday, May 13 Salem Lutheran, Mount Vernon
 - Saturday, May 20 Saint Andrew's Lutheran, Bellevue
 - 8:30am— 4pm each Saturday
 - \$40/person—QALC can cover costs
- Every three years, our synod hosts synod-wide gatherings in lieu of a regular synod assembly
 - Worship, fellowship, conversations, learning & lunch
 - Each Saturday is nearly identical in offerings— Each participant will choose three forums to attend from 21 options

WORSHIP LIFE — HOLY WEEK

PALM SUNDAY, April 2 • 8:00 AM & 10:30 AM

GOOD FRIDAY, April 7 • 7:30 PM

EASTER: Feast of the Resurrection, Sunday, April 9 • 8:00 AM & 10:30 AM

EASTER FLORAL CROSS - we will again place the empty flower cross under the breezeway for you to all place a flower (or many flowers) on when you arrive for Easter worship, or as you leave. If some of you can bring an extra couple of flowers from your garden (or store) for others to use, that is helpful. Flowers that last a day or more are best; ideally their stems are not huge, since they are woven through chicken wire.

We hope you can enjoy our **EASTER BREAKFAST, 9-10 AM**: in the Fellowship Hall! Thank you to all who have signed up to help set up, provide food, and clean up—and thank you to the Men's Ministry for hosting and making pancakes! Note: We will use a sign-in sheet for those attending the breakfast. (Read more about Covid protocols on page 11.)

EGG HUNT INFO: During our breakfast, children are invited to color and decorate Easter Eggs, and youth (and helpful adults) are invited to then hide the eggs in the narthex, Conference Room and Library. Young children can hunt for the eggs after the 10:30 service!

At our 10:30 festival worship service we welcome a **STUDENT BRASS QUARTET** from Pacific Lutheran University: Benjamin Birmingham, Conner Kaczowski, Jakob Johnson, and Dylan Patrick. Thank you for being part of our Easter celebration!

APRIL 02: Do We Really Drink Blood? Rethinking Holy Communion

Pastor John-Otto Liljenstolpe led us through some of the primary Gospel texts regarding the Last Supper. Pr. Liljenstolpe has had many careers during his 82 years, from being a civil rights and peace activist to working on the Alaska Pipeline. His work in the Church has included a hospital chaplaincy in Alaska, a parish priest and factory chaplain post in Sweden, and interim pastoral ministry here in the Seattle area. But what he most enjoys is speaking to fellow Christians about the meaning and relevance of the core doctrines of our Christian Faith.

APRIL 23: Can Aging Be a Spiritual Practice?

As Bette Davis wisely said, “Old age is no place for sissies.” Those of us who have suffered losses related to aging know this to be true, yet there is no map to guide us. How, then, can we find meaning in the struggles that come with aging? If academic psychology does not provide answers, what might our experience and/or our faith tradition(s) tell us? Can aging become a spiritual practice?

Join us as we discuss mapping the aging process with **Dr. Betty Merten**, friend and affiliate of Queen Anne Lutheran Church. Betty holds a PhD in clinical psychology from the University Oregon and was a staff psychologist in the Student Health Center at the UO and at the Oregon Health Sciences University. She also developed a private practice specializing in depression and issues related to life transitions, reflections from which will inform what promises to be an enlightening discussion for young and old alike.

APRIL 30: Priests of a Groaning Creation

In Genesis we’re told repeatedly that creation is good. But by the time we get to Paul’s writings in Romans, we find that creation is groaning. What’s gone wrong? And what’s our role in God’s plan for creation? In this forum, we’ll explore the idea creation was intended as God’s temple, and humans were (and are!) called to be priests of God’s good creation. Join Dr. Eric Long, Professor of Biology and Ecology at SPU for this foray into Eco-Theology.

Dr. Eric Long came to SPU from Pennsylvania, where he was born, raised, and went to graduate school, studying wildlife ecology at Penn State University. At SPU, Dr. Long teaches upper-division courses in ecology and biology, including leading courses in Belize and the Galapagos Islands. His current research focuses on population ecology of black-tailed deer on Blakely Island, WA. He was elected by the SPU student body as Professor of the Year in 2009.

Office Hours — Now Including Vannady!

Main Office (Barb Bash): The office will be open Tuesday–Friday, 9:00–5:30

Cantor Kyle is in on Wednesdays and Thursday afternoon and evenings.

Vannady Keo, our Children and Youth Ministry Coordinator, has the following schedule:
Sundays 8:30 AM–12:30 PM, Wednesdays 3-5 PM, and Thursdays 2-4 PM.

Van’s desk is in the main office, behind Barb’s, and his mailbox is in the bottom row.

Pastor Dan is available Tuesday through Thursday and Saturdays. Feel free to contact him if you wish to make an appointment by email at pastor@queenannelutheran.org.
If an immediate response is needed, text Pastor Dan at 253.230.9695



Kill Your Lawn!

Back in the "olden days", a sweeping expansive lawn was a sign of wealth. Why? Because it was a wasteland, of no productive value. Only the truly wealthy could afford to own land that produced nothing and harbored no creatures. While a lush green lawn can still be beautiful, is it worth the impact - the water usage, the pesticides and herbicides necessary to maintain a pristine, weed-free landscape?

It turns out that grass is the largest irrigated crop in the United States! With 40% of insects and 30% of North American birds in decline, biodiversity in our landscape has become urgent. Native plants in particular are critical to increasing biodiversity, reducing invasives, and drawing down atmospheric CO2. Other benefits include reducing water usage, supporting pollinators and expanding food webs.

Doug Tallamy, Author of *Nature's Best Hope* (available in the church library), and founder of HomeGrownNationalPark.org, urges us to replace all, or at least some of our lawns with a variety of native plants. 78% of property is privately owned, so we can have a huge impact. His goal is that we preserve 30% of our private property in native plantings by the year 2030.

Experts are urging us to kill our lawn - or at least make it more wildlife and native plant friendly. Dan Wilder, on the Great Garden Grow Along, suggested 3 "gradients of ecology" based on how far you are willing to go.

1. Keep your lawn but reduce its negative impact on the environment: (This approach won't improve the environment but it will not cause harm). Increase the mowing height to 3-4 inches. This allows for better water and nutrient collection and lush, greener grass. Avoid neonicotinoid coated seeds which have not been proven more effective but have been shown to be harmful to local wildlife. Rather than fertilizing, aerate and top dress with compost. This will keep the fertilizer run-off out of our water system.

2. Replace your lawn with non-native lawn alternatives, such as Eco-Lawn (which is slow growing, requiring less water and only needs to be mown about once a year) or white clover (which is more heat and drought tolerant than grass, and has lovely white flowers which attract butterflies and bees bumble bees).

3. Replace your lawn with natives. Carex, American Heal-all (*Prunella Vulgaris*) and blue violet are several lovely options, but my personal favorite is the wild strawberry. It withstands foot traffic, has sweet little white flowers in the spring, and produces delicious bursts of flavor in the form of tiny strawberries all summer long. Doug Tallamy tells us that wild strawberries are hosts to at least 87 native caterpillars and provide some value to generalist bees. Dan Wilder calls them the "lawn of the future". I love going out in the early morning to pick wild strawberries to put in my breakfast bowl! They are delicious in lemonade or a summer dessert. And the neighbor kids love to pick them. (I can just see the kids coming out after church to run thru our new replacement lawn looking for wild strawberries to snack on!).

Another option is to get rid of the open space altogether and plant native shrubs and trees. If you have a big space, Tallamy tells us that the greatest contributor to the environment is the oak tree, which he calls a "Keystone" plant for the many organisms it supports and the carbon it sequesters. He compares it to the Gingko, which, although beautiful, provides ZERO beneficial habitat to birds or other native creatures. If that seems overwhelming, consider clipping off a corner, side yard, or hard to mow section of your lawn and starting with that. Then register the land you converted to www.HomeGrownNationalPark.org, and you can see how we are doing!

—Lisa Kjaer

SOCIAL ACTION COMMITTEE

Thank you to all who showed up on Saturday, March 25th at the Indian Star Daybreak Cultural Center to plant new bushes and make war with blackberry patches (I think we won!) Stay tuned for other such events later in the year. Future scheduled activities include dinner preparation for 40 youth at New Horizons Ministries on fifth Fridays (March 31st, June 30th, September 29th, and December 29th). we will also help prepare lunches at Community Lunch on Capitol Hill on all Fridays in November. To volunteer for the events, or if you have new projects you would like us to consider, please contact Jim Margard for social and community activities, and Lisa Kjaer-Schade for environmental stewardship.



(above) Lisa Kjaer, fighting the blackberry bushes and planting bushes at the Daybreak Star Indian Cultural Center grounds last Saturday.

LWR UPDATES

Thank you to all of you who found bath towels for the Personal Care Kits. The Men's Group put the kits together, so any extra towels not put in a kit this spring will be packed in late September for the Fall Ingathering.

Anyone who might be interested in helping load 30-pound boxes into semi-trailers, or direct traffic, please call me. We load from 8am-2pm on Friday, May 5; and 8am-11:30 am on Saturday, May 6 at Our Redeemer's Lutheran Church in Ballard.

The QALC Quilt & Kit Blessing Sunday will be April 30. If you are able, please plan on helping pack quilts in boxes after the late service.

—Rich Mathes
206-384-1183

MEN'S MINISTRY

Thanks to those who assembled 153 Personal Care Kits and 50 School Kits on March 18th: Dennis Alfson, Steven Burdick, Mark Dibble, Dan Eklund, John Reese and Don Thomas. A special thanks goes to Phoebe Porter, who last fall and winter assembled materials for an additional 30 School Kits, including making the backpacks, collecting the items that go into them and filling the backpacks. Those 30 School Kits were boxed along with the other 50 School Kits and the 153 Personal Care Kits.

The LWR Spring Ingathering will be at Our Redeemers' Lutheran on May 5/6. If you can spare a couple of hours, we are open 8 am-2 pm Friday, and 8 am-11:30 am Saturday. We can always use a few more helpers to move boxes from the delivery vehicles to the containers; to work in the containers; or to direct traffic. The photo (taken by LWR drone) shows the parking lot layout last fall, when we loaded 50,000 pounds—that included 450 boxes from Northern California that were trucked here. We had enough room to fit them in and totally fill our two 53' containers.

Men's Group will host Easter Breakfast (first since 2019) in the Fellowship Hall from 9 am-10 am on Easter Sunday, April 9th. Please contact Mark Dibble or Rich Mathes (or sign up in Narthex) if you can help. Cooking/kitchen shifts start at 8 am and continue until 9:45 am, followed by clean-up. The Saturday table setup will happen April 8th at 9 am.

—Rich Mathes

QALC WOMEN'S MINISTRY

Karen McCullough is going. Candy Mathes hopes to go. Won't you go too? You might wonder "Where?" Why, to the **Women's Triennial Gathering** in Phoenix, Arizona this September 21-24. Registration is open now. There still might be scholarships for first time attendees. More info and a registration link is at <https://www.womenoftheelca.org/new-triennial-event-page>



WOMEN OF THE ELCA GATHERING
SEPTEMBER 21-24, 2023 | PHOENIX
WELCATG.ORG

Excitement is building for the **Just Love gathering** as we finally meet in person with our sisters.

Registration for the **Just Love gathering** scheduled for September 21-24, 2023, in Phoenix, Ariz. opens **March 1**.

This special in-person gathering is an opportunity to live out the message that the Rev. Angela Khabeb left us with in Minneapolis in 2017 and virtually in 2021, "Christianity is not comfortable. If you are comfortable in Jesus, you are doing it wrong."

We are different from the people we were in 2017 and 2021. Yet we know that as people of faith, we are still called to justice and love. It is up to us to carry this work forward.

Winter/Spring 2023 Bible study, "The Ten Commandments" by The Rev. Christa von Zychlin

This is the last (7-10) in the series on the Ten Commandments.

"Join Gather magazine and revive your soul in 2023 with a four-session study of the Ten Commandments. ELCA pastor and Bible study author Christa von Zychlin will help us see how these commandments are more than they may appear at first glance. For example, Martin Luther taught that the commandment, "Do not kill," means not only refraining from murder, but actively promoting the health and life of others. Get ready to explore old and new interpretations of God's laws, using Luther's Small and Large Catechism and more!"

If you would like to join the Evening Circle, let Barb Bach or Candy Mathes know and they will make sure you get information on the study. We meet via Zoom unless otherwise noted.

At the Lenten Brunch, QALCW once again agreed to support **Core Tanzania/Twegashe School**. Along with the backpacks we donate each year, we also agreed to a monetary donation. Sallie Wilson says we need your help to meet this obligation.

From Michael and Jeanette Banobi:

"Your donation will help complete Phase 2 and operate Twegashe School.

Here are some examples of what your gift can do:

- | | |
|----------------------------------------------|----------------------------------------------------|
| \$ 50 —Student desk and chair | \$ 350 —2 Library tables with chairs |
| \$ 75 —Breakfast for 30 students for a month | \$ 500 —Math and English textbooks for 3rd grade |
| \$225 —Cafeteria table with benches | \$1,000 —Raincoats for a class of 30 students |
| | \$2,000 —Cement blocks for one complete classroom" |

Your Women's Committee: *Sallie Wilson, Barb Bach, Pat Sobeck and Candy Mathes*

OF INTEREST, FROM OUR CHURCH NEIGHBORS

From The Well @QA United Methodist:

Sabbath and Our Ancestors will explore the rhythms of work and rest that we have inherited, how they have made their home in our bodies, and how we might discern what to honor and relinquish and what to elevate and bring to life once more. Julian is an outstanding artist-theologian. Notes of Rest is a spiritual formation ministry grounded in scripture and black music that helps the body of Christ receive God's gift of rest.

Julian Davis Reid is a pianist, producer and composer with a focus on jazz, electronic music, and gospel. He is a founding member of the jazz-electronic fusion group The JuJu Exchange (in partnership with Grammy Award winner Nico Segal and drummer-inventor Nova Zaii). Julian holds a B.A from Yale University and an M.Div. degree from Candler School of Theology at Emory University. Julian and his wife live in Chicago.

Exploring the rhythms of work and rest inherited from our ancestors, this workshop is a practice of contemplation and creativity that moves us toward the rest we were created to receive.



Julian Davis Reid

Notes of Rest:

Sabbath and Our Ancestors

April 20, 7-9:30 PM, \$15

The Well @QAUMC

1606 5th Ave W
Seattle, WA 98119

www.thewellqueenanne.org



And from Queen Anne Baptist:

Grounded in Story Young Adults Retreat

April 28-30, 2023
Rainbow Lodge

With special guests:



Brandi Miller



Marilyn Nash

Join us for this weekend, overnight retreat as we explore the intersections of story, race, and faith in Christian community. We are committed to diversity, justice, and inclusion and are LGBTQ+ welcoming and affirming.



REGISTER

\$ 30/person

Registration includes all meals, accommodations, and retreat materials. Financial aid available.

Contact Us

Caitlin Thomas
admin@queenannebaptist.org
(206) 282-7744



@qabaptist

NUTS AND BOLTS

Office Hours *(see page 6)*

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For emergency pastoral needs, text Pastor Dan at 253-230-9695.

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Seattle, WA 98127

Street Address:

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2400 8th Avenue West
Seattle, WA 98119

Some Important Updates to Our Covid Protocols

How do I notify the church if I was at an event and then tested positive for Covid?

As soon as you know there was an exposure, please **text Pastor Dan on his cell, 253-230-9695**. Leaving a message at the church office at 206-284-1960 and emailing both the office (admin@queenannelutheran.org) and Pastor Dan (pastor@queenannelutheran.org) are also useful, but the voice mail and emails are not monitored 24/7. Texting Pastor Dan will be most timely and effective.

How does the church notify those exposed, if someone has tested positive for Covid?

Barb Bash is training Pastor Dan and Cantor Kyle in how to send out an All-Church email notification, so that word can get out quickly to our faith community, even on a weekend. **One of these staff members will send word out.** When we can, we will work with event organizers to make sure we have notified all attendees. Members involved in the event who do not use the Internet will be informed by phone. The email will include a link to the Washington State Department of Health guidelines.

What do I need to know if I am hosting an event?

Because Covid has not gone away, we must still be mindful of the possibility that we will have to notify attendees after an event. For committees, it is often easy to remember who was present, but for other events, particularly when attendees may come from outside the congregation, **it is best practice to keep a list of attendees with their preferred contact information**, be it email or phone.

How do I decide whether to attend an event or worship?

For some, Covid symptoms can be mild. They may include headache, sore throat, congestion or runny nose, muscle pain, fatigue, fever, cough, shortness of breath, chills, or loss of taste or smell. Other less-common symptoms include nausea, vomiting, or diarrhea. If you are experiencing *any* symptoms, however mild they may seem, and you have not tested yet for Covid, choosing to stay home from worship or an event is a caring response for yourself and others.

Our church still encourages, but does not require masking, as we follow the state of Washington Department of Health guidelines and there is currently no masking mandate. It is now up to attendees at an event to decide whether they do so; you need to determine your own level of risk and your comfort with those risks. Deciding to attend a meal at church, where masks will be off, is similar to deciding whether to eat at a restaurant. The exposure that occurred at the February event was a good reminder that Covid has not gone away, there *are* still risks involved, and individuals need to be mindful of that.

APRIL 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
						10:30am Alanon Women (upstairs) 10:30am Alateen 7:00pm Shanty Trudgers (upstairs)
2	3	4	5	6	7	8
Palm Sunday					Good Friday	
8:00am Worship 9:00am Forum 10:30am Worship	7:00pm Food Addicts in Recovery	7:00pm Executive Committee (Zoom)	10:00am Sewing & Service (Fireside) 7:00pm Choir Rehearsal 8:00pm AA Counterbalance (FH)		7:30pm Worship	10:30am Alanon Women (upstairs) 10:30am Alateen 7:00pm Shanty Trudgers (upstairs)
9	10	11	12	13	14	15
EASTER						
8:00am Worship 9:00am Easter Breakfast (FH) 10:30am Worship	5:30pm PDQ Quilting (Fireside) 7:00pm Alzheimer's Support Group 7:00pm Food Addicts in Recovery	7:00pm Church Council (Zoom)	10:00am Sewing & Service (Fireside) 8:00pm AA Counterbalance (FH)			10:30am Alanon Women (upstairs) 10:30am Alateen 7:00pm Shanty Trudgers (upstairs)
16	17	18	19	20	21	22
8:00am Worship 10:30am Worship	7:00pm Food Addicts in Recovery 7:00pm Northern Lights	7:00pm QALCW Circle (Library/Zoom)	10:00am Sewing & Service (Fireside) 8:00pm AA Counterbalance (FH)	7:00pm Choir Rehearsal		9:00am Great Books (FH) 10:30am Alanon Women (upstairs) 10:30am Alateen 7:00pm Shanty Trudgers (upstairs)
23	24	25	26	27	28	29
8:00am Worship 9:00am Forum 10:30am Worship	7:00pm Food Addicts in Recovery		10:00am Sewing & Service (Fireside) 8:00pm AA Counterbalance (FH)	7:00pm Choir Rehearsal		10:30am Alanon Women (FH) 10:30am Alateen 7:00pm Shanty Trudgers (upstairs)
30						
8:00am Worship 9:00am Forum 10:30am Worship						