

# The Quill

J U N E 2 0 2 3



## Queen Anne

LUTHERAN CHURCH

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The Quill can be viewed in full color online at [queenannelutheran.org](http://queenannelutheran.org). If you would prefer to have a copy **mailed to you** each month, just contact the church office at 206-284-1960. Likewise, if you receive The Quill in the mail and would prefer **not** to, just contact the office.

Weekly, we are also mailing bulletins and sermon transcripts to households that are unable to attend church. If you would like to receive such a mailing, please let us know. And if you do **not** need to get the bulletin by mail, give us a call as well!

Please Note: All mail to the church must be sent to this address:

**Queen Anne Lutheran Church  
P.O. Box 17029  
Seattle, WA 98127-0729**



*We rejoice in the baptism of Jackie Munguia, who was received into membership on Sunday, May 21 along with three other new members (see photo, page 7). Welcome, Jackie!*



In 1994, the ELCA adopted a social message entitled *Community Violence*. This social message acknowledges that the causes of violence are complex and pervasive and that violence breeds violence. This social message raises these questions:

In the face of this, what are we as a church called to be and do? What resources of our faith can we bring to bear on this apparently intractable predicament? How shall we respond to both victims and perpetrators of violence? What shall we do in cooperation with others as together we seek to counter violence in our communities?

As I write this, we have had more mass shootings in the United States than days of the year (mass shootings are defined as an incident in which four or more victims are shot or killed). The sheer volume of these killings naturally brings up the questions above – how do we respond?

First, we are called to pray. We are called to pray individually and collectively. We are called to pray for the victims of violence and for the loved ones of those harmed. We are called to pray that justice might come, for reconciliation and for peace. We are called to pray in repentance that we are not paralyzed in fear or hatred or numbness. I confess that I do not like memes that make fun of people saying, “thoughts and prayers.” My siblings in Christ, we are called to pray as people of faith! But prayer is not an excuse to do nothing. Through prayer, we are called to action.

Second, we are called to prayerfully enter into hard conversation about this issue with one another – in love and grace and accountability. Have someone directly affected by gun violence come and speak – a trauma doctor, a school counselor, a parent, a social worker. While I know some people would rather come to church to take refuge *from* the world and not engage the world, we, as siblings in Christ, grow in peace and understanding when we carefully listen and learn. When we are faced with difficult decisions or situations, the Holy Spirit gathers diverse people together to challenge one another and to discern where God is calling us to be as people who follow Jesus.

Third, we are called to advocate – especially for those without voice. Provide and call attention to resources and services that prevent violence, racism, and hate. Work individually in your own life to learn more about how systems of oppression lead to violence and humbly learn and practice. Partner with other congregations, churches, interfaith communities, and organizations to have a larger voice toward peace and justice. The advocacy arm of the NWWA Synod is Faith Action Network. Go to their website ([www.fanwa.org](http://www.fanwa.org)) and see how to be engaged. For other resources, I encourage you to go to <https://www.elca.org/60days> and download “A 60-Day Journey Toward Justice in a Culture of Gun Violence.”

Fourth, we are called to treat each person as a child of God. We choose life or death every day in our words and in our actions. Fundamentally, as Lutherans, we believe that the good news of Jesus Christ has redeemed each one of us. So how do we live and move and be in this world with such good news?

Pastor Dietrich Bonhoeffer writes in *The Cost of Discipleship*, “Words and thoughts are not enough. Doing good involves all the things of daily life. ‘If your enemies are hungry, feed them; if they are thirsty, give them something to drink’ (Romans 12:20). In the same ways that brothers and sisters stand by each other in times of need, bind up each other’s wounds, ease each other’s pain, love of the enemy should do good to the enemy. Where in the world is there greater need, where are deeper wounds and pain than those of our enemies? Where is doing good more necessary and more blessed than for our enemies?”

As your Bishop, I pray that through God’s Holy Spirit, we may work together toward peace, toward justice, toward understanding, and toward the end of violence in all forms, especially, in this day and time, the end of gun violence.

Trusting in God’s grace, we pray, we listen, we advocate, we act.

✝ Bishop Shelley Bryan Wee  
[bishop@lutheransnw.org](mailto:bishop@lutheransnw.org)

## FROM THE CANTOR

### **Pentecost greetings!**

As we transition to the summer months, please join me in thanking the choir for a fantastic season since last September. Our dedicated siblings in Christ generously share their time and talent (a lot of time and a lot of talent!) to enrich our worship nearly every Sunday for approximately nine months of the year. I am grateful for their dedication, commitment, and thankful for how they minister to me through music, prayer, and encouragement. When you see a choir member, please say “thank you” for their service to QALC!

### **Summer “pickup” choir: Stay tuned!**

The regular choir season may be concluded until September, but here’s an upcoming opportunity to “make a joyful noise” together: Later this summer, all QALC-ers 12 and older are invited to participate in a “pickup” choir. We’ll meet for a fun, fast-paced rehearsal in the choir gallery at 9 a.m. sharp. We’ll learn music together for about 45 minutes, and then participate in the 10 a.m. service. The exact date is TBA, but likely mid-to-late July. This will be a fun, intergenerational opportunity to grow in faith through making music together. Even if you’ve never sung in a choir before, you’re welcome to join us. Stay tuned for more details!

### **Compline at St. Mark’s, Sunday, June 25**

Join members of the QALC Choir and myself as we visit St. Mark’s Episcopal Cathedral to support one of our own, Joel Matter, who has sung for many years with The Compline Choir—an internationally-renown group of tenors and basses who sing the service of Compline (Night Prayer) each Sunday at St. Mark’s. The contemplative service is led in its entirety by The Compline Choir, and it’s been a cornerstone musical and spiritual event in Seattle for decades. The service begins at 9:30 p.m. (also broadcast on KING-FM). Be sure to arrive a little early for the best parking—and also if you’d like to sit together as a group.

As the liturgical calendar turns again to the “green” season of spiritual growth after Pentecost, I hope you enjoy your summer—wherever it takes you, near to QALC or far away.

See you in church!.



Kyle Haugen, Cantor  
cantor@queenannelutheran.org

## MAY FORUMS

### **JUNE 04: Revisiting RIC**

Thank you to our RIC Committee’s Jennifer Porter for discussing with us the meaning of being Reconciling in Christ and the implications for our ministry and worship going forward.

### **JUNE 11 (after worship): Topics for the New Year**

Before we take our summer hiatus, gather to share your thoughts, curiosities, provoking questions, and burning issues for our Adult Education committee to explore and consider as they craft the Forum calendar for the year to come. We will meet after our 10:00 AM summer worship service in the Conference Room. A Zoom option to attend will also be available.

## ANNOUNCEMENTS

**YOU'RE INVITED!**

### **All-Church Picnic**

**Sunday, June 18**

Following the 10:00AM Service

### **JUNE 18: Return of the All-Church Summer Picnic!**

We will celebrate summer on Sunday, June 18 after the service with great food, fellowship, and fun and games at our all-church picnic outside. The Church Council will provide items to grill; please bring other sides and desserts to share. Look for the sign-up in the narthex to help with set-up, to share a dish, to serve or clean up.

### **Triangle Project Update**

On May 21, the Congregation approved a motion proposed by the Church Council to raise a total of \$155,000 (of which we already have received \$45,000) to renovate the front portion of the property at the corner of 8th and McGraw. A general design has been submitted by Kim Rooney Landscape Architects, but the Triangle Project committee is still taking input and is interested in hearing any concerns from the Congregation. The general concept will include a water feature (birdbath or fountain) surrounded by benches, new planting, including native and drought tolerant plants along the Parks Department easement (along the sidewalk). [You can view the design drafts online here.](#) Contact Lisa Kjaer-Schade, Marc Oplinger, Susan Evans or Connie Wurm to provide further input!

**Next steps:** The Committee is looking for those interested to help us form a fund-raising committee for the next portion of the project. Please contact Marc or Lisa if you would be willing to serve.

### **From our neighbors at Queen Anne Helpline:**

In late May we received this plea: "Our food pantry is running low! We need your help so that we can keep our neighbors well fed with healthy food and we're especially in need of shelf-stable proteins like peanut butter, canned meat, and beans."

Thank you to all who were able to support these neighbors and their work with our quick food-drive at Queen Anne Lutheran. If you missed our June 4 deadline for participating in our response efforts, QA Helpline is open for donations on Mondays from 10am-2pm and Thursdays from 10am-6pm and you can still donate individually.



**Queen Anne Helpline**

Serving Queen Anne, Magnolia, and South Lake Union



### **New Horizons Dinner Date Coming June 30—Help Needed**

Help us provide dinner for 35 youth to New Horizons on Friday, June 30. Jim Margard will provide a main dish. Please let Jim know ([jrm952@gmail.com](mailto:jrm952@gmail.com)) if you can contribute a vegetable side, salad, bread, or dessert. (We do this in all months with "Fifth Fridays." Future "Fifth Friday" months in 2023 are September and December.)

### **Garden Work Party Thursday, June 22:**

Mark your calendar if you'd like to help tidy up our garden beds. Contact Connie Wurm closer to the date for more specific info.

## **Kick Off Summer with a Potluck Dinner & Game Night!**

Saturday, June 24th • 6 PM—until game play ends

At St. John United Lutheran Church (Fellowship Hall)

5515 Phinney Ave N, Seattle, WA 98103

**Project Phoenix** presents this evening of fun, friends and food! What could be better?!

*Want to try out new board games without having to buy them?*

*Looking for a fun and affordable night out for the whole family?*

*Want to make new friends of all ages in an inclusive casual environment?*

This event is open to our Project Phoenix youth, their families, and the larger community—invite your friends and neighbors, too! Enjoy a fun evening among friends, old and new. All ages are welcome. Children should be accompanied by a guardian. There is no cost to attend. Games, sandwiches and beverages will be provided. Bring a side dish to share, or just bring yourself.

Games generously provided by [The Codex: Game Library](#).

Questions? Contact Pastor Anna at [pastor@stjohnunited.org](mailto:pastor@stjohnunited.org)

## **Regular, Automatic Giving Is a Good Gift!**

Please consider enrolling in QALC's "Simply Giving" EFT program.

This provides a simple, hassle-free and secure way for you to make automatic donations to QALC from your checking or savings account. Giving in this way helps the church by ensuring that your offering is received even when you cannot make your donation in person. Giving in this way also helps ensure a steady income for the church over the course of the year.

Enrollment forms are available on a clipboard on the railing in the narthex. For further details about the Simply Giving options, please speak with Jacqui Darroch, who administers the program for us, or Sallie Wilson, our Financial Secretary.

## **QA Book Group — Coming Soon, New Format**

If you are one of the few attending our gatherings lately, you can relate to "one of the few." We have been discussing a change in format, starting July 31. Our current format will remain for the June 26 meeting. On June 26th we will meet in the church narthex and Carol Ann will lead the discussion on E.O. Wilson's book *Anthill*.

On July 31 we will meet at Cathi Unseth's (3225 NW 65th St). Instead of selecting books for next year, we will be talking about books we have recently read and would recommend to the group. Instead of meeting monthly, we will meet 2, 3, or 4 times a year (the group will decide the number of meetings) and discuss what we have individually read. Come and give the new format a try!

Note that on July 31 we will be meeting outdoors, so you may want to bring a sweater.

## **Asset-Mapping with Paul Hoffman—a Good First Step**

At a Saturday retreat May 13 in the Fellowship Hall, ably led by Rev. Paul Hoffman, a group of over 30 members and friends generated hundreds of "assets"—strengths and resources we currently have in our congregation. We invite everyone to take a look at those Fellowship Hall walls to see what we were up to. Recording our strengths is only a first step—the important work of deciding *where God calls us to use them* lies ahead of us! We hope you will participate in our ongoing visioning process.

We have four short-term groups now tasked with outlining our strengths in more detail over the next few weeks. To join one of these task forces, contact these leads:

**The Gospel of Grace** (Brent McCullough)

**People** (Peggy Morgan)

**Ministries** (Mark Dibble)

**Facilities** (Erich Patten)



*We received four new members in worship on May 21, from left: Dan Mahraun and his wife, Rev. Leslie Mahraun; Dylan Holland and his partner, Jackie Munguia. Jackie was also baptized that Sunday (see photo, page 2). Welcome, all, to our Queen Anne Lutheran faith community!*



*A Sunday Children's Message: Vannady Keo talked us through the meaning of 1 Peter 4:7, "Cast all your anxiety on [God], because God cares for you." Jimmy P. helping show how, when our fears and worries seem too heavy, God will help us.*

## **Office Hours:**

**Main Office (Barb Bash):** The office is normally open Tuesday–Friday, 9:00–5:30.

**Cantor Kyle** is in the office on Wednesday and Thursday afternoon and evening.

**Vannady Keo**, our Children and Youth Ministry Coordinator, has the following schedule:

Sunday 8:30 AM–12:30 PM, Wednesday 3-5 PM, and Thursday 2-4 PM.

Van's desk is in the main office, behind Barb's, and his mailbox is in the bottom row.

**Pastor Dan** is available Tuesday through Thursday and Saturdays. Feel free to contact him by email if you wish to make an appointment at [pastor@queenannelutheran.org](mailto:pastor@queenannelutheran.org). If an immediate response is needed, text Pastor Dan at 253.230.9695.

## **Upcoming Vacations & Office Closure:**

Pastor Dan will be on vacation June 28 through July 7.

Barb will be on vacation June 29 through July 10.

Kyle will be at a conference of the Association of Lutheran Church Musicians, July 3 through 9.

Vannady Keo will be out of office July 10 through

August 4 as he is works with teens at Asian

Counseling and Referral Service's summer program for Youth Development.

**The church office will be entirely closed during the week of July 3 through 7.**



WOMEN OF THE ELCA GATHERING  
SEPTEMBER 21-24, 2023 | PHOENIX  
WELCATG.ORG

“At the triennial gathering 2017 closing worship service, the Rev. Angela Khabeb exclaimed: “News flash! **Christianity is not comfortable**. If you are comfortable in Jesus, you’re doing it wrong.”

Following Jesus is messy. Loving one another is justice. We are not perfect, we are often broken. Sometimes we don’t fit. Sometimes our edges are rough— but we are one body in Christ.

The inspiration for Women of the ELCA Gathering logo came as I walked around downtown Phoenix, the site of the 2020 gathering. I noticed a mural outside of the convention hotel. Its collection of broken mirrors, tiles, shards of plates and painted rocks ebbed and flowed in a kinetic frenzy of color and textures. The mural reminded me of the body of Christ and how we are all misshapen pieces in one glorious and beautiful work of art.

The palette of deep purple and bright green in the new gathering logo (at left) is reflective of the scenery of the valley in the Phoenix area. Along the streets of this city, dusty earth tones are punctuated with bright purple flowers and vibrant green cacti. The turquoise color connects to the history of native cultures in Arizona and the southwest region. Red signifies love. The shade of red in our gathering logo is not one of fire or caution, but rather one of joy.

As we embrace the theme “Just love,” we remember the words of the Rev. Alexia Salvatierra at the gathering in 2017 in Minneapolis: ‘I believe that if we follow mercy all the way, go deep into mercy, we end up at justice.’ ”

—Elizabeth McBride, director for intergenerational programs  
and editor of Café, designed the Gathering logo.

### Lutheran World Relief Supplies Needed

Summer is here! If you would like to help with making kits, the following items are needed:

#### Babycare Kits—

Lightly used, Size 12-month jackets;  
socks;  
light weight T-shirts/undershirts.  
Questions? Contact Jennifer Jones

#### For Quilts—

Dark-colored cotton sheets, print or solids;  
Quilter’s cotton, any length.

#### Fabric Care Kits—

Thread—neutral colors. Each kit requires 2 spools of thread of 250-300 yards each.  
We were donated fabric (45”wide x 3 yards).

**Backpacks—** spool of cotton, polyester or nylon clothesline (about 1/4” in diameter. Each pack uses 4 yards of cord (2 lengths of 2 yards each).



(At left) **Core Tanzania Students at Twegashe School eating lunch in their new school uniforms!** Help the Women of QALC meet their financial commitment to Core Tanzania. Checks can be made to “QALCW” or “QALC-WELCA” with CORE Tanzania in the memo line.

From Jeanette and Michael Banobi: “One sound you might expect to hear at a school at lunchtime is the sound of chatter in the cafeteria, but that is one sound we never hear, even though no-one has ever told the children they need to be silent during lunch. In the local Kihaya culture, children remain silent during mealtime unless spoken to by a person who is their elder. Their eyes are also supposed to remain on their own plate. Michael relates a story of a great aunt whose custom was to throw a bit of hot cooked

bananas— the staple food here—at any child whose eyes wandered to someone else’s plate. Apparently, this was not an uncommon practice, since teacher Phineas said he had a grandmother who did the same thing! We sometimes try to make conversation with students during lunch, but it’s a struggle. Even with ninety students now eating lunch together, no one makes a peep.”

June Bible Study

“Everyone serves the good wine first, and then the inferior wine after the guests have become drunk. But you have kept the good wine until now.” (John 2:10)

Come join the Evening Circle via Zoom on June 20 to see how this verse fits into our study series, “SALVATION NOW.” **Session 1: Promised Salvation Now—Jesus Brings Wellness.** “A bit like the paradox of competing maxims, the word “now,” as Gospel writer John uses it, has different meanings that convey opposite truths. This Bible study focuses on “now,” a small word that packs a significant punch and suffuses John’s Gospel. As we’ll discover, for John, the word *now* is not about competing truths, but rather complementary ones. Together, we’ll see how the notion of *now* rounds out a deeper, more robust understanding of our Christian calling and our Christian hope.” For more information about our Bible Study, talk to Barbara Bach or Candy Mathes.

Your Women’s Committee,  
Sallie Wilson, Pat Sobeck, Barb Bach and Candy Mathes

LUTHERAN WORLD RELIEF

Recap of May Seattle Ingathering at Our Redeemer’s LC

Thanks to all who helped in any way: buying or finding materials, putting kits together, making quilts, packing the boxes, loading delivery vehicles, giving fabric away, loading containers for Baltimore, donating funds for shipping. Loading went great; we had a great team of volunteers. Weather Friday was rainy, Saturday fine.

Statistics:	Quilts	School Kits	Personal Care Kits	Fabric Kits	Baby Care Kits	Weight
Queen Anne LC:	57	80	156	9	17	897 lbs
All 89 churches:	5,655	618	2,479	148	730	28,559 lbs

Most school kits are produced in fall because school supplies are only on sale from July–September. A few churches (like QALC) stockpile enough supplies in fall for school kits in the spring. Very special thanks to **Phoebe Porter**, who personally raised funds, sewed the school backpacks, and assembled 30 of our 80 School Kits.

The 89 contributing churches are west of the Cascades, from Rochester and Yelm up to Canadian border, Alaskan churches in the Panhandle, one Canadian church, and one in Leavenworth. For the first time, a Chilliwack, BC church arranged with the Whatcom County churches to send quilts to the Seattle Ingathering. Apparently, in pre-Covid times they somehow shipped to the South St. Paul, MN warehouse. Spokane has an Ingathering for Eastern Washington, and parts of Idaho; The Portland Ingathering includes Oregon, SW Washington, SW Idaho churches, and some northern California churches.

Our Fall Seattle Ingathering will be Nov 3rd & 4th.

In case you did not see a copy, the quarterly publication from LWR (*Faith in Action*) covered the Seattle Fall Ingathering (last November) and included photos and articles highlighting some of our dedicated QALC members. There are extra copies in the narthex if you want to read more about QALC members who regularly participate in the Seattle Ingatherings. The world map showing where LWR quilts and kits were shipped in 2022 is also available for your reading, or to take and give to someone who might want to more about LWR’s quilt and kit distribution ministry.

—Rich Mathes

## LWR Kit Supplies Needed:

**Our QALC LWR Kit-Making effort** depends upon help from many of you. In the coming months, we will be preparing kits for the November 2023 Ingathering. (Note that QALCW's Sewing & Service group have a separate supply list on page 8, for LWR projects they are working on. It's all needed, and welcome!)

**Personal Care Kit Supplies** we generally buy online, in bulk. The combs, fingernail clippers, and toothbrushes are then uniform. If you want to donate cash to pay for these, please write a check to QALCW with "LWR Kit Supplies" on the memo line.

**School Kit Supplies** that we need are not usually available on-line. We depend upon some of you who visit Target, Kroger, Staples, Walmart etc. during the July–August "back to school" specials. We will update this list in July, once we know who has sales. We do know that this fall we will need the following:

1. **500 #2 Pencils —Unsharpened.** Sharpened pencils sometimes break in transit; our kits are handled at least three times before being delivered overseas. Each kit contains five. We will send at least 90 pencils to Twegashe school as well, via our Banobi shipping company.

2. **120 rulers**, with metric markings with a straight edge that is metal or hard plastic. And a new wrinkle: many of the plastic rulers come in many colors. All the dark colors— purple, dark red, black etc.—are useless. (See photo.) Anytime you buy supplies, ask yourself if you, or your grandchild, could actually use the item as intended. Please only buy plastic rulers that are transparent enough to see the tic marks.

3. **100 pencil sharpeners.** A more recent innovation in pencil sharpeners is to have two sharpening holes, one for pencils, one larger one for crayons (we ship crayons also.) The other good feature is having a collection box for shavings that stays connected. (See photos) If possible, buy only two-hole sharpeners. The ones to avoid only cost 10–20 cents; the ones we need cost 49 to 69 cents on sale. I grew up with a saying: "You get what you pay for." Go ahead and try a sharpener if you are new to using them. That is how I verify that they actually sharpen. I did not include a photo of a one-hole sharpener with a collection box—try to avoid those, also.

4. **60 blunt scissors.** Some come with a sheath, and that's better.

5. **No ball point pens or 2.5" erasers this year.** You did such a fantastic job purchasing pens and erasers last August that we have too many. We like to turn them over every year to ensure the ink is fresh. Similar logic for single 2.5" eraser, and pencils; the erasers do oxidize over time, so we try to not keep excessive inventory.

6. We also donate some of the same or similar supplies to **Twegashe school (CORE Tanzania).** They do prefer the two-hole, storage-box pencil sharpeners. And they prefer all-metal rulers, as metal rulers do not break. Unfortunately, the metal rulers cost \$2, and are generally never on sale. We will need 50 metal rulers for Twegashe this year if you want a particular target. We have not shipped metal rulers through LWR, because we never have enough. On rare occasions they sell for \$1.49.

**If you ever have questions while in a store shopping**, text me at 206-384-1183 (or call) or email me at [lwrmathes@aol.com](mailto:lwrmathes@aol.com). Sometimes stores have variations that I have not seen myself. Thank you all for your help and support in this continuing effort to help those in need overseas (LWR usually only sends materials overseas).

—Rich Mathes

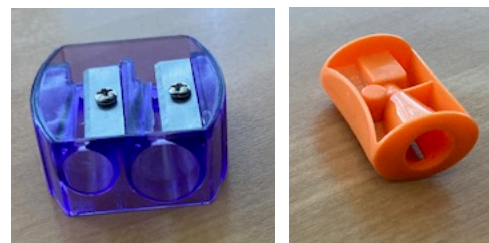


*The standard wooden ruler at left is fine; the light-colored plastic ruler is fine—you can see the tic marks and use it. However, the dark-colored ruler on the right is not usable; you cannot see the marks in any normal lighting situation.*



*Above, good two-hole pencil sharpeners with a collection box.*

*Below, sharpeners without collection boxes—please avoid these.*



## NUTS AND BOLTS

### Contacts:

Pastor Daniel Peterson	<a href="mailto:pastor@queenannelutheran.org">pastor@queenannelutheran.org</a>
For emergency pastoral needs, text Pastor Dan at 253-230-9695.	
Cantor Kyle Haugen	<a href="mailto:cantor@queenannelutheran.org">cantor@queenannelutheran.org</a>
Children & Youth–Vannady Keo	<a href="mailto:children.youth@queenannelutheran.org">children.youth@queenannelutheran.org</a>
Parish Administrator Barbara Bash	<a href="mailto:admin@queenannelutheran.org">admin@queenannelutheran.org</a>
Office Phone:	206.284.1960

### Mailing Address:

Queen Anne Lutheran Church  
P.O. Box 17029  
Seattle, WA 98127

### Street Address:

Queen Anne Lutheran Church  
2400 8th Avenue West  
Seattle, WA 98119

### Some Important Updates to Our Covid Protocols

#### How do I notify the church if I was at an event and then tested positive for Covid?

As soon as you know there was an exposure, please **text Pastor Dan on his cell, 253-230-9695**. Leaving a message at the church office at 206-284-1960 and emailing both the office ([admin@queenannelutheran.org](mailto:admin@queenannelutheran.org)) and Pastor Dan ([pastor@queenannelutheran.org](mailto:pastor@queenannelutheran.org)) are also useful, but the voice mail and emails are not monitored 24/7. Texting Pastor Dan will be most timely and effective.

#### How does the church notify those exposed, if someone has tested positive for Covid?

Barb Bash is training Pastor Dan and Cantor Kyle in how to send out an All-Church email notification, so that word can get out quickly to our faith community, even on a weekend. **One of these staff members will send word out.** When we can, we will work with event organizers to make sure we have notified all attendees. Members involved in the event who do not use the Internet will be informed by phone. The email will include a link to the Washington State Department of Health guidelines.

#### What do I need to know if I am hosting an event?

Because Covid has not gone away, we must still be mindful of the possibility that we will have to notify attendees after an event. For committees, it is often easy to remember who was present, but for other events, particularly when attendees may come from outside the congregation, **it is best practice to keep a list of attendees with their preferred contact information**, be it email or phone.

#### How do I decide whether to attend an event or worship?

For some, Covid symptoms can be mild. They may include headache, sore throat, congestion or runny nose, muscle pain, fatigue, fever, cough, shortness of breath, chills, or loss of taste or smell. Other less-common symptoms include nausea, vomiting, or diarrhea. If you are experiencing *any* symptoms, however mild they may seem, and you have not tested yet for Covid, choosing to stay home from worship or an event is a caring response for yourself and others.

Our church still encourages, but does not require masking, as we follow the state of Washington Department of Health guidelines and there is currently no masking mandate. It is now up to attendees at an event to decide whether they do so; you need to determine your own level of risk and your comfort with those risks. Deciding to attend a meal at church, where masks will be off, is similar to deciding whether to eat at a restaurant. The exposure that occurred at the February event was a good reminder that Covid has not gone away, there *are* still risks involved, and individuals need to be mindful of that.

# JUNE 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
						10:30am Alanon Women (upstairs) 7:00pm Shanty Trudgers (upstairs)
4	5	6	7	8	9	10
9:00am Forum 10:00am Worship 2:00pm Amy Koeffler Recital (private event)	7:00pm Food Addicts in Recovery	7:00pm Executive Committee (Zoom)	10:00am Sewing & Service (Fireside) 7:30pm AA Counterbalance (FH)			10:30am Alanon Women (upstairs) 7:00pm Shanty Trudgers (upstairs)
11	12	13	14	15	16	17
10:00am Worship 11:00am Forum	5:30pm PDQ Quilting (Fireside) 7:00pm Food Addicts in Recovery	7:00pm Church Council (Zoom)	10:00am Sewing & Service (Fireside) 7:30pm AA Counterbalance (FH)			10:30am Alanon Women (upstairs) 7:00pm Shanty Trudgers (upstairs)
18	19	20	21	22	23	24
10:00am Worship 11:30am QALC Summer Picnic	7:00pm Food Addicts in Recovery 7:00pm Northern Lights	7:00pm QALCW Circle (Zoom)	10:00am Sewing & Service (Fireside) 12:00pm Staff Lunch 1:00pm Staff Calendaring Meeting 7:30pm AA Counterbalance (FH)	10:00am Garden Work Party		9:00am CORE Tanzania Board Mtg 10:30am Alanon Women (upstairs) 7:00pm Shanty Trudgers (upstairs)
25	26	27	28	29	30	
					New Horizons - Dinner	
10:00am Worship	7:00pm Food Addicts in Recovery 7:00pm Queen Anne Book Group (Narthex)		10:00am Sewing & Service (Fireside) 7:30pm AA Counterbalance (FH)			